

# South Munster Schools (Seniors) 2021

## MTU June 30th

### Senior Girls

100m	Wind: +0.7 m/s		
1	Sleeman, Lucy-May	Colaiste Choilm Ballincollig	12.69
2	Frawley, Laura	St Marys Charleville	13.51
200m	Wind: +1.1 m/s		
1	McCourt, Lauren	Bandon Grammar	24.28 CBP
2	Sleeman, Lucy-May	Colaiste Choilm Ballincollig	25.62
3	Brice, Una	Mount Mercy Cork	26.63
4	Komolafe, Stacey	Bandon Grammar	27.93
400m			
1	O'Meara, Isobel	Mount Mercy Cork	01:06.33
800m			
1	O'Neill, Maeve	MICC Dunmanway	02:07.47 CBP
3	Kearney, Sinead	Loreto Fermoy	02:49.60
3000m			
1	Carroll, Holly	Scoil Mhuire Gan Smal Blarney	10:44.34
400m Hurdles			
1	O'Meara, Emily	Mount Mercy Cork	01:25.34
2	O'Meara, Isobel	Mount Mercy Cork	01:25.79
Long Jump			
1	Frawley, Laura	St Marys Charleville	5.42
Shot Put			
1	Perrott, Sophie	Colaiste Mhuire Buttevant	10.21
Discus			
1	Perrott, Sophie	Colaiste Mhuire Buttevant	26.93
Javelin			
1	Perrott, Sophie	Colaiste Mhuire Buttevant	20.85
Hammer			
1	Tuthill, Nicola	Colaiste na Toirbhirte Bandon	59.73 CBP
2	Kelleher, Karina	Scoil Mhuire Gan Smal Blarney	23.03

### Senior Boys

100m	Wind: -1.7 m/s		
1	Excel-Ezeonu, James	Midleton College	11.25
2	Roberts, Dylan	Bandon Grammar	11.55
3	Romeo-Nyoni, Sheldon	De La Salle College Macroom	11.57
4	Murphy, Colin	Colaiste Muire Crosshaven	11.58
5	Judd, Samuel	St Colmans CC Midleton	12.12
200m	Wind: +1.0 m/s		
1	Romeo-Nyoni, Sheldon	De La Salle College Macroom	22.68
2	Roberts, Dylan	Bandon Grammar	23.00
3	Judd, Samuel	St Colmans CC Midleton	23.65
400m			
1	Callanan, Arron	St Aidans Community College	53.12
2	O'Donoghue, Brendan	Colaiste Christ Ri	54.26

4 Falvey, Ruairi	Bandon Grammar	56.25
800m		
1 Hartnett, Paul	Colaiste an Chraoibhin Fermoy	2.00.6
2 O'Neill, Connor	Colaiste Spioraid Naoimh	NT
3 Falvey, Ruairi	Bandon Grammar	NT
4 Gaffney, Charlie	Colaiste Christ Ri	NT
5 O'Shea, Stephen	Colaiste Christ Ri	NT
6 O'Connor, Mark	Colaiste Christ Ri	NT
3000m		
1 McNamee, Ciaran	St Colmans CC Midleton	09:27.56
2 Desmond, Fearghal	Christian Brothers College	09:34.90
3 Spelman, John	Midleton CBS	09:55.17
5 Hever, Luke	Patrician Academy Mallow	10:02.77
110m Hurdles Wind: +0.1 m/s		
1 Excel-Ezeonu, James	Midleton College	14.21 CBP
2 O'Connor, Diarmuid	Guest	14.62
3 Murphy, Colin	Colaiste Muire Crosshaven	17.93
400m Hurdles		
1 Greaney, Jack	St. Brendans Killarney	57.56
2 McCarthy, Dean	Nagle Community College	01:02.11
Long Jump		
1 Turner, Adam	Colaiste Christ Ri	6.52
2 Ivory, Joe	Colaiste Mhuire Buttevant	6.23
3 Griffin, Sam	Presentation Milltown	6.11
4 McCarthy, Dean	Nagle Community College	5.85
Shot Put 6Kg		
1 Bamidele, Joseph	Nagle Community College	11.59
2 O'Ceallaigh, Padraig	Colaiste an Phiarsaigh Glanmire	8.52
3 Hartnett, Paul	Colaiste an Chraoibhin Fermoy	7.56
Discus 1.75Kg		
1 O'Connor, Diarmuid	Guest	37.40
2 Bamidele, Joseph	Nagle Community College	28.27
3 Kearney, Patrick	St. Brendans Killarney	28.19
Javelin 800gr		
1 O'Connor, Diarmuid	Guest	45.00
2 Ivory, Joe	Colaiste Mhuire Buttevant	42.55