

<b>South Munster Schools T&amp;F Championships 2022</b>										
<b>Order of Events (Boys) Thursday 12th May</b>										
<b>Track</b>				<b>Field Events</b>						
11:00am	100m heats	MINOR								
		JUNIOR		11:30am	<b>Long Jump</b>	<b>High Jump</b>	<b>Triple Jump</b>	<b>Shot</b>	<b>Discus</b>	<b>Javelin</b>
		INTERMEDIATE			Minor	Senior	Junior(12m run up)	Inter(5k)	Senior(1.75k)	Junior(600g)
		SENIOR			Inter	Junior	Senior	Minor(3.25k)	Inter(1.5k)	Senior(800g)
11:30am	400m Hurdles(83.8cm)	INTERMEDIATE			Senior	Inter	Inter	Senior(6k)	Junior(1k)	Inter(700g)
	400m Hurdles(91.4cm)	SENIOR			Junior			Junior(4k)		
11:40am	100m Finals									
12:00noon	800m	MINOR								
		JUNIOR								
		INTERMEDIATE								
		SENIOR								
					<b>Notes</b>					
12:30pm	3000m	INTERMEDIATE		<b>Track Events</b>						
	3000m	SENIOR		<b>Times on the left are only an indication of the likely start of an event.</b>						
12:50pm	200m	JUNIOR		<b>Races may start up to 30 minutes ahead of time</b>						
		INTERMEDIATE		Where heats are necessary other than 100m the medal winners will be decided by times						
		SENIOR		Relay teams should be declared at registration before 1:30pm						
1:15pm	1500m St. Chase	INTERMEDIATE		The Intermediate 3000m and Senior 3000m will be an amalgamated race						
	2000m St. Chase	SENIOR								
1:30pm	<b>Closing time for relay declaration</b>									
1:40pm	75m Hurdles(76.2cm)	MINOR		<b>Field Events</b>						
	80m Hurdles(83.8cm)	JUNIOR		Field events will start at 11:30am and then be run off in the sequence shown						
	100m Hurdles(91.4cm)	INTERMEDIATE		Age groups may be amalgamated if numbers dictate						
	110m Hurdles(99.0cm)	SENIOR		<b>Pole Vault competitions will be held on Tuesday 10th May</b>						
2:00pm	400m	INTERMEDIATE		Hammer events where more than 3 are entered will be held at a separate date to be announced						
		SENIOR								
2:10pm	1 Mile	Under 16		<b>General</b>						
	1500m	JUNIOR		Minor: Under 14 on 1st July 2022 Junior: Under 15 on 1st July 2022						
		INTERMEDIATE		Intermediate: Under 17 on 1st July 2022 Senior: Under 19 on 1st January 2022						
		SENIOR		An athlete may compete in not more than two individual events plus one relay						
2:30pm	4X100m Relay	MINOR		with the exception of the Senior 4x300/400m where an athlete may take part in two relays						
		JUNIOR		A school may not have more than 2 athletes in any event						
		INTERMEDIATE		A relay team may be completed by the addition of no more than one athlete from the age						
		SENIOR		group immediately below						
	4x400m Relay	SENIOR		Athletes must compete in their own age group (Junior, Intermediate, Senior)						
3:00pm	Walks	JUNIOR		Minor athletes may compete at Junior level where an event is not held at Minor level						
		INTERMEDIATE		Minor and Junior athletes can take part in an 800m or 1500m but not both						
		SENIOR		The first 3 in each event qualify for the Munster championship - 4 qualify						
				in the Under 16 mile race						