

2022 South Munster T&F Results							
MTU Track 10th/12th May							
Senior Boys							
100m	1	Glory Wenegieme	Col Muire Crosshaven	11.30	-2.8		
	2	Colin Murphy	Col Muire Crosshaven	11.52			
	3	Yasin Said	Bruce College Cork	11.56			
200m	1	Glory Wenegieme	Colaiste Mhuire Crosshaven	22.77	-0.6		
	2	Conor Gammel	St Brendans College	23.69			
	3	Yasin Said	Bruce College Cork	23.83			
400m	1	Cian Lynch	St Brendans College	51.39			
	2	Karl McCarthy	St Brendans College	51.81			
	3	Ruairi Falvey	Bandon Grammar School	52.63			
800m	1	Ruairi Falvey	Bandon Grammar School	2:01.02			
	2	Darragh Keily	Col Choilm B'collig	2:02.04			
	3	Oisin White	Col Chriost Ri Cork	2:05.22			
1500m	1	Daniel Buckley	CBC Cork	04:34.97			
	2	Mark O'Connor	Col Chriost Ri Cork	04:40.00			
	3	Flobater Fares	North Mon	04:42.51			
3000m	1	Fearghal Desmond	CBC Cork	09:23.06			
	2	Eoin O'Connor	Col. Choilm	09:24.62			
	3	Ciaran McNamara	St Colman Midleton	09:47.89			
2000m St/Ch	1	Mathew Lee	Carrigaline CS	6:36.67			
	2	Timmy Hawkins	St. Francis College Rochestown	6:41.69			
	3	Flobater Fares	North Mon	6:47.22			
110m Hurdles	1	Conor Callinan	Col an Chroi Naofa	16.39	-3.8		
	2	Sean Carmody	CBC Cork	17.13			
	3	Eammon Islam	North Mon	20.76			
400m Hurdles	1	Sean Cramody	CBC Cork	01:02.38			
	2	Franko Umeh	Ashton Cork	01:08.17			
	3	Peace Bello	Carrigaline CS	01:13.79			
High Jump	1	George Alamu	Midleton CBS	1.75			
	2	Sam Griffin	Pres Milltown	1.75			
	3	Cian Dorgan	Ashton Cork	1.65			
Long Jump	1	Harry Buckley	CBC Cork	6.17			
	2	Dara Looney	St Brendans College	6.15			
	3	Sam Griffon	Pres Milltown	6.10			
Triple Jump	1	Daragh Looney	St Brendans College	11.80			
	2	Favour Williams	St. Peter's CS	10.60			
	3	Martins Kadiri	Davis Col Mallow	10.13			
Pole Vault	1	Conor Callinan	Col an Chroi Naofa	4.45	CBP		
Shot Putt	1	Alex Ademola	Col Chriost Ri Cork	11.90			
	2	Mark Collins	Bandon Grammar School	11.77			
	3	Joseph Bamidele	Nagle CC Cork	11.65			
Discus	1	Patrick Kearney	St Brendans College	31.97			
	2	Joseph Bamidele	Nagle CC Cork	28.00			

	3	Aengus Riou Allen	Schull CC	24.14		
Javelin	1	Jack Cullen	Hamilton HS Bandon	38.78		
	2	Peter O'Sullivan	Bandon Grammar School	28.69		
	3	Aengus Riou Allen	Schull CC	25.94		
Relay	1		Col Muire Crosshaven	45.90		
4X100	2		St. Brendans Killarney	46.15		
	3		Bandon Grammar School	46.35		
Relay	1		St. Brendans Killarney	03:35.63	CBP	
4X400	2		Bandon Grammar School	03:41.57		
	3		Coláiste Chríost Rí	03:50.81		
Overall			St. Brendans Killarney			
Intermediate Boys						
100m	1	Max O'Reilly	Carrigaline CS	11.26		
	2	Praise Wenegieme	Col Muire Crosshaven	11.79		
	3	Sean Treyvard	PS Inbhear Sceine	11.92	-3.8	
200m	1	Max O'Reilly	Carrigaline CS	23.78	-2.6	
	2	Aaron Gui	Carrigaline CS	24.23	-2.6	
	3	Luke Malone	GC Mhuire AG Cork	25.40	-1.9	
400m	1	Praise Wenegieme	Col Muire Crosshaven	52.32		
	2	Sam Kiely	Kinsale CC	52.91		
	3	Jason O'Reilly	St Brendans College	53.94		
800m	1	Senan O'Reilly	St Colmans Fermoy	2:00.15		
	2	Oisín Lynch	St Brendans College	2:01.20		
	3	Eoin O'Connor	Rochestown College	2:01.87		
1500m	1	Sean Lawton	Col. Pobail Beatraí	4:56.18		
	2	Eoghan O'Connor	Rochestown College	4:58.52		
	3	Oisín McCarthy	Hamilton HS Bandon	5:04.06		
3000m	1	Sean Lawton	Col. Pobail Beatraí	9:48.03		
	2	Ryan McCarthy	Kinsale CS	9:50.29		
	3	Kieran O'Donoghue	PS Inbhear Sceine	9:50.44		
1500m St/Ch	1	Robert Troy	Charleville CBS	4:56.18		
	2	Tommy Arthur	PS Inbhear Sceine	4:58.52		
	3	Aiden Maher	St Colmans Fermoy	5:04.06		
100m Hurdles	1	Eoin O'Callaghan	Hamilton HS Bandon	15.75	-1.5	
	2	Ethan Quarry	Kinsale Community	17.07		
	3	John Cashman	PBC Cork	17.38		
400m Hurdles	1	Oisin O'Connell	Carrigaline CS	01:07.77		
	2	Sean O'Connor	St Brogans Bandon	01:12.22		
	3	Jamie Crowley	North Monastery Cork	01:12.55		
High Jump	1	Diarmuid Bannon	Douglas CS	1.60		
	2	James Taylor	Ashton Cork	1.50		
	3	Luke Morrison	St Colmans Fermoy	1.50		
Long Jump	1	Joel Joseph	Midleton CBS	5.57		
	2	Matthew Wilkins	PBC Cork	5.23		
	3	Patrick Walsh	PBC Cork	4.98		
Triple Jump	1	Matthew Wilkins	PBC Cork	11.40		

	2	Alex Neff	GC Charraig Ui Leighin	10.33		
	3	David Flynn	Douglas CS	9.92		
Pole Vault	1	Josh Fitzgerald	Col Muire Crosshaven	4.00		
	2	Alex Neff	GC Charraig Ui Leighin	3.45		
	3	Dylan Ó Muirí	GC Charraig Ui Leighin	2.55		
Shot Putt	1	Dylan Fleming	Boherbue CS	11.73		
	2	Robert Barry	PBC Cork	10.97		
	3	Alex White	Carrigaline CS	10.40		
Discus	1	Rory Hanah	Schull CC	21.89		
	2	Finn Fitzgerald	Col Muire Crosshaven	21.80		
	3	Robin Sweeney	St Brogans Bandon	20.38		
Javelin	1	Timmy Colbert	Col an Chroí Naofa	42.53		
	2	Josh Fitzgerald	Col Muire Crosshaven	37.60		
	3	Eoin O'Callaghan	Hamilton HS Bandon	31.94		
Relay	1		Col Muire Crosshaven	48.29		
	2		GC Mhuire AG Cork	49.35		
	3		Kinsale Community	49.69		
Walk	1	Tommy Meagher	PS Inbhear Sceine	9.55.80		
1 mile	1	Odhran O'Sullivan	CBC Cork	04:56.50		
Under 16	2	Conor Twomey	PBC Cork	05:01.79		
	3	Aidan Maher	St. Colmans Fermoy	05:09.91		
Overall			Col Muire Crosshaven			
Junior Boys						
100m	1	David Ebo	Midleton CBS	12.06	-3.1	
	2	Chinwendu Oji	Col Christ Ri Cork	12.28		
	3	Noah Switzer	Midleton College			
200m	1	Noah Switzer	Midleton College	25.48	-0.1	
	2	Uzochukwu Backari	Ashton Cork	26.43		
	3	Josh O'Mahony	Col Christ Ri Cork	27.17		
800m	1	Ryan Casey	Pres Milltown	2:26.00		
	2	Sam Hegarty	Douglas CS	2:28.37		
	3	Chris Delaney	North Monastery Cork	2:29.44		
1500m	1	Seamus O'Donoghue	Pobalscoil Inbhear Scéine	04:35.97		
	2	Darragh O'Connor	St Francis College Rochestown	04:36.24		
	3	Finnian Lawton	Scoil Mhuire Ballingearry	04:37.68		
80m Hurdles	1	Mathew Herbert	CBC Cork	12.90	-1.5	
	2	Michael Scott	CBC Cork	13.76		
	3	Rico Dywili	North Monastery Cork	15.98		
High Jump	1	Ryan Onah	Ashton Cork	1.70		
	2	Jaden Umeh	Ashton Cork	1.70		
	3	Oisin O'Leary	SP Sliabh Luchra	1.60		
Long Jump	1	David Ebo	Midleton CBS	6.05		
	2	Jayden Umeh	Ashton Cork	5.32		
	3	Mathew Herbert	CBC Cork	5.23		
Triple Jump	1	Max Clove	Bandon Grammar	10.86		
	2	Rico Dywili	North Monastery Cork	8.78		
	3	Adam O'Sullivan	Carrigaline CS	7.70		

Pole Vault	1	Oscar Naughton	PBC Cork	2.70		
Shot Putt	1	Adam O'Donovan	Skibbereen CS	12.53		
	2	Dylan O'Brien	SP Sliabh Luchra	9.57		
	3	Mathew Riordan	PBC Cork	9.46		
Discus	1	Oscar Naughton	PBC Cork	32.09		
	2	Josh Judd	St Colmans CC M'ton	31.41		
	3	Daniel Kent	Bandon Grammar	24.53		
Javelin	1	Adam O'Donovan	Skibbereen CS	40.27		
	2	Rory Foley	Schill CC	22.58		
	3	Eduard O'Sullivan	Schull CC	19.55		
Hammer	1	Diarmuid Towey	Col an Chraoibhin	37.48		
	2	Josh Judd	St Colmans CC M'ton	31.14		
Relay	1		Ashton Cork	50.78		
	2		Coláiste Chríost Rí	51.44		
	3		PBC Cork	52.01		
Walk	1	Shane Byrne	Rochestown	6.13.63		
	2	Ethan Price	Carrigaline CS			
	3	Aaron Sanchez	Carrigaline CS			
Overall	1		Ashton Cork			
Minor Boys						
100m	1	Gabril Ebo	Midleton CBS	12.31		
	2	Chucks Onyeka	Bishopstown CS	12.70		
	3	Ronan Keenan	Col Daibheid Cork	13.10		
800m	1	Oscar Murphy	Midleton College	2:22.26		
	2	Ronan Keenan	Col Daibheid Cork	2:23.39		
	3	Tadhg Harrington	PS Inbhear Sceine	2:23.50		
75m Hurdles	1	Max Clover	Bandon Grammar	12.13	0.7	
	2	Oscar Smiddy	Midleton CBS	13.07		
	3	Daniel Capithorne	Schill CC	15.02		
Long Jump	1	Ryan Onah	Ashton Cork	5.57		
	2	Alex Jaworski	Midleton CBS	4.90		
	3	Billy Smith	Ashton Cork	4.39		
Shot Putt	1	Chucks Onyeka	Bishopstown CS	11.06		
	2	Daniel Golden	Coachford College	8.27		
	3	Cameron Smith	Carrigaline CS	7.93		
Relay	1		Bandon Grammar	51.35	CBP	
	2		Midleton CBS	51.64		
	3		Carrigaline CS	58.02		
Senior Girls						
100m	1	Lucy May Sleeman	Bruce College Cork	12.04	-1.6	
	2	Katie O'Regan	Kinsale CS	12.71		
	3	Ella Scott	Bruce College Cork	12.99		
200m	1	Lucy May Sleeman	Bruce College Cork	25.06	0.4	
	2	Una Brice	Mount Mercy Cork	27.26		
	3	Grace Rooney	St Marys Midleton	27.98		
400m	1	Maeve O'Neill	MICC Dunmanway	57.31		

	2	Cara O'Mahony	Regina Mundi	01:03.92		
	3	Isabella O'Meara	Mount Mercy Cork	01:04.99		
800m	1	Maeve O'Neill	MICC Dunmanway	02:08.63		
	2	Katie O'Keefe	Scoil Mhuire Cork	02:18.81		
	3	Sarah Morrison	Loreto Fermoy	02:25.88		
1500m	1	Holly Carroll	SMGS Blarney	05:18.59		
	2	Sarah Morrison	Loretto Fermoy	05:20.93		
	3	Lucy O'Flynn	Sacred Heart Clonakilty	05:23.76		
3000m	1	Jane Buckley	Col Toirbhirte Bandon	10:00.33		
	2	April Mellerick	St Marys Midleton	10:03.66		
	3	Holly Carroll	SMGS Blarney	11:10.21		
1500m St/Ch	1	Lidia Walsh	Glanmire CC	05:56.63		
	2	Abbie Dunlop	PS Inbhear Sceine	06:39.09		
100m Hurdles	1	Lily O'Riordan	St Angela College	NT		
	2	Chloe Haddock	Carrigaline CS	NT		
	3	Isii Enaru	Davis College	NT		
400m Hurdles	1	Grace Rooney	St Marys Midleton	73.95		
	2	Ella Farrell	Carrigaline CS	97.16		
	3	Veronica Tatara	Carrigaline CS	97.21		
High Jump	1	Laura Frawley	St Marys Charleville	1.50		
	2	Orla Kennedy	Bandon Grammar	1.20		
Long Jump	1	Laura Frawley	St Marys Charleville	5.55		
	2	Katie O'Regan	Kinsale CS	5.49		
	3	Caoimhe Geoghan	St Marys Midleton	4.88		
Triple Jump	1	Aimee Sheeran	Bruce College Cork	8.76		
Pole Vault	1	Úna Brice	Mount Mercy Cork	3.50		
Shot Putt	1	Kotryna Pacerinskaite	Pres Mitchlestown	11.57		
	2	Blessing Onyeka	Bishopstown CS	7.09		
	3	Aoife Ni Luasa	St Marys Macroom	6.95		
Discus	1	Kate Naughton	Scoil Mhuire Cork	25.59		
	2	Leah Parker	St Als Carrigtwohill	24.16		
	3	Ciara Lynch	Bandon Grammar	19.11		
Javelin	1	Lily O'Riordan	St Angelas Cork	32.25		
	2	Kimberly Ncube	Davis Col Mallow	26.62		
	3	Kate Naughton	Scoil Mhuire Cork	22.94		
Hammer	1	Kotryna Pacerinskaite	Pres Mitchlestown	39.27		
	2	Brenda Onoh	Ashton Cork	23.30		
Relay	1		Bruce College Cork	53.16	CBP	
4X100	2		Bandon Grammar	57.20		
	3		Carrigaline CS	58.12		
Relay	1		St Marys Mallow	3.23.18		
4X300	2		PS Inbhear Sceine	3.36.61		
	3		Carrigaline CS	4.38.40		
Walk	1	Éabha de Faoite	PS Inbhear Sceine	6.08.69		
Intermediate Girls						
100m	1	Falima Amusa	Bishoptown CS	12.67	-3.6	
	2	Okawu Backaric	Ashton Cork	12.88		
	3	Abbie Deerney	Col Choilm B'collig	13.35		
200m	1	Fatima Amusa	Bishopstown CS	25.82		
	2	Hannah Falvey	SMGS Blarney	26.15		
	3	Vicky Good	Bandon Grammar	26.93		
300m	1	Hannah Falvey	SMGS Blarney	41.56		
	2	Zoe Conway	Col Choilm B'collig	43.10		
	3	Aysha Clinton	Edmund Rice Cg'aline	44.19		

800m	1	Nicole Dinan	St Angelas Cork	02:20.88		
	2	Maura Heinz-McChoughlan	Col an Phiarsaigh	02:25.35		
	3	Ciara Delaney	Skibbereen CS	02:26.16		
1500m	1	Nicole Dinan	St Angelas College	05:00.74		
	2	Caoimhe Carolan	St Als Carrigtwohill	05:12.19		
	3	Maira Murnane	PS Inbhear Sceine	05:16.75		
3000m	1	Claire Crowley	Kinsale CS	10:54.66		
	2	Laura Moore	Loreto Fermoy	11:44.64		
	3	Saoirse Twomey	St Marys Macroom	11:50.37		
1500m St/Ch	1	Caoimhe Flannery	Skibbereen CS	05:23.97	CBP	
	2	Ella Collins	Col Toirbhirte Bandon	05:31.99		
	3	Isabelle Kelleher	St Marys Mallow	05:36.91		
80m Hurdles	1	Okwu Backari	Ashton Cork	12.35		
	2	Abby Dorney	Col Choilm B'collig	12.42		
	3	Abbie McCarthy	MICC Dunmanway	13.13		
300m Hurdles	1	Áine Sheridan	Colaiste Muire Cobh	53.38		
	2	Rachel Patterson	Carrigaline CS	01:00.12		
	3	Julia Harrington	PS Inbhear Sceine	01:00.25		
High Jump	1	Maeve Fleming	Scoil Mhuire Cork	1.65		
	2	Funke Kupon	Carrigaline CS	1.30		
	3	Kayla Dineenh	PS Inbhear Sceine	1.25		
Long Jump	1	Orla O'Sullivan	Regina Mundi Cork	4.78		
	2	Maya McCourt	Bandon Grammar	4.77		
	3	Aoife Lee	St Marys Midleton	4.56		
Triple Jump	1	Orla O'Sullivan	Regina Mundi Cork	10.66		
	2	Aoife Callan	St Brogans Bandon	10.12		
	3	Maya McCourt	Bandon Grammar	9.30		
Pole Vault	1	Lucie Healy	Regina Mundi Cork	2.55		
	2	Graine Cronin	GC Charraig Ui Leighin	2.25		
Shot Putt	1	Briana Onoh	Ashton Cork	12.35		
	2	Saorlaith Murphy	St Mary's Macroom	8.37		
	3	Ella Collins	Col Toirbhirte Bandon	7.82		
Discus	1	Briana Onoh	Ashton Cork	29.45		
	2	Katie Kingston	Skibbereen CS	25.39		
	3	Eadaoin Towey	Col an Chraoibhin	20.32		
Javelin	1	Aoife Callan	St Brogans Bandon	33.50		
	2	Katie Kingston	Skibbereen CS	32.06		
	3	Sophie Jones	Davis Col Mallow	18.25		
Hammer	1	Orna Ni Shuilleabhain	Col an Phiarsaigh	33.33		
	2	Eadaoin Towey	Col an Chraoibhin	32.82		
	3	Daniella Nwaedozie	Christ King Cork	14.62		
Relay	1		Col Choilm B'collig	53.61		
	2		St Marys Midleton	55.71		
	3		St Als Carrigtwohill	56.78		
Walk	1	Aoife Tuthill	Col Toirbhirte Bandon	6.16.76		
	2	Odhrna Ní Mhuirthile	GC Mhuire AG Cork	6.27.28		
	3	Lusai de Faoite	PS Inbhear Sceine	6.29.19		
1 mile	1	Nicola Sullivan	Ashton School	05:40.08	(1500m)	
Under 16						
Junior Girls						
100m	1	Elena O'Sullivan	Regina Mundi	12.97	-2.4	
	2	Sophie Mulcahy	St Angelas Cork	13.28		
	3	Caoimhe Daly	Col Choilm B'collig	13.34		
200m	1	Natalie Golka	GC Mhuire AG Cork	26.83	-2.6	

	2	Sophie Mulcahy	St Angelas Cork	27.30		
	3	Jamie Rooney	St Angelas Cork	28.10		
800m	1	Keeva Riordan	IS Killorgin	02:34.03		
	2	Mary-Kate Corbett-Keating	St Angelas Cork	02:36.50		
	3	Aisling O Leary	St Als Carrigtwohill	02:39.15		
1500m	1	Rachel O'Flynn	Loreto Fermoy	05:04.20		
	2	Olive O'Flynn	Sacred Heart Clon	05:09.97		
	3	Abbie Daunt	Bandon Grammar	05:13.35		
75m Hurdles	1	Natalia Golka	GC Mhuire AG Cork	12.35	-2.7	
	2	Louise Mullins	Pres Mitchelstown	12.42		
	3	Faye O'Riordan	St Angelas Cork	13.13		
High Jump	1	Aisling Cussen	Col Choilm B'collig	1.55		
	2	Lucy Lynch	St Als Carrigtwohill	1.50		
	3	Grace Wixted	Mount Mercy Cork	1.45		
Long Jump	1	Caoimhe Daly	Col Choilm B'collig	4.93		
	2	Tzi Kingston	Bandon Grammar	4.45		
	3	Orla MacCallum	Col an Chraoibhin	4.28		
Triple Jump	1	Isabel McCarthy	Bandon Grammar	8.36		
	2	Hannah O'Donovan	Carrigaline CS	7.39		
	3	Orla Phelan	Carrigaline CS	7.36		
Pole Vault	1	Méabh Corkery	St Mary's Midleton	2.40		
	2	Méabh Bannon	Christ King Cork	2.10		
	2	Olive Burger	Mount Mercy Cork	2.10		
Shot Putt	1	Daniela Puspure	Col Choilm B'collig	10.68		
	2	Zanne Healy Bird	Ashton Cork	8.90		
	3	Diana Coakley	Skibbereen CS	8.88		
Discus	1	Diana Coakley	Skibbereen CS	27.46		
	2	Elaine O'Sullivan	Skibbereen CS	19.98		
	3	Erin Lyons	Bandon Grammar	19.13		
Javelin	1	Elaine O'Sullivan	Skibbereen CS	27.40		
	2	Maebh O'Carroll	St Angelas Cork	24.40		
	3	Daniela Puspure	Col Choilm B'collig	23.19		
Hammer	1	Zanne Healy Bird	Ashton Cork	28.51		
	2	Aoibhin Ni Shuilleabhain	Col an Phiarsaigh	26.76		
	3	Mehgan Shealan	Boherbue CS	26.21		
Relay	1		St Als Carrigtwohill	56.54		
	2		Col Choilm B'collig	56.80		
	3		GC Mhuire AG Cork	58.38		
Walk	1	Aoife Martijn	Col an Chroi Naofa	6.12.62		
	2	Juliet Biggs	St Brogans Bandon	7.30.35		
	3	Amy Arthur	PS Inbhear Sceine	7.48.38		
Minor Girls						
100m	1	Tiffany Nwaedozie	Christ King Cork	13.31	-2.2	
	2	Roisín Daly	Pres Milltown	13.49		
	3	Eva Hanley	Regina Mundi Cork	13.83		
800m	1	Lauren Dinan	St Angelas Cork	02:32.42		
	2	Ella Dinan	St Angelas Cork	02:34.58		
	3	Heather McCarthy	MICC Dunmanway	02:39.12		
75m Hurdles	1	Ruby Cummins	Col Toirbhirte Bandon	12.66		
	2	Ava Coughlan	St Marys Midleton	13.58		
	3	Lilian Pele	Carrigaline CS	15.14		
Long Jump	1	Tiffany Nwaedozie	Christ King Cork	4.75		
	2	Ava Coughlan	St Marys Midleton	4.46		
	3	Eva Buckley	Edmund Rice Cg'aline	4.46		
Shot Putt	1	Meabh O' Connell	St Angelas Cork	9.89		
	2	Ruby Cummins	Col Toirbhirte Bandon	9.82		

	3	Tara Osborn	Col Muire Crosshaven	9.70		
Relay	1		St Als Carrigtwohill	56.54		
	2		Mount Mercy Cork	56.90		
	3		St Angelas Cork	58.01		