

2023 South Munster Schools Cross Country Championships Information

Date:	Thursday February 9 th 2023
Venue:	Tramore Valley Park, Kinsale Road, Cork City
Programme:	12:00pm Minor Girls (U14 on 01/07/2023) 1500m
	12:10pm Minor Boys (U14 on 01/07/2023) 2000m
	12:20pm Junior Girls (U15 on 01/07/2023) 2000m
	12:30pm Junior Boys (U15 on 01/07/2023) 3000m
	12:45pm Intermediate Girls (U17 on 01/07/2023) 3000m
	1:00pm Intermediate Boys (U17 on 01/07/2023) 4000m
	1:20pm Senior Girls (U19 on 01/01/2023) 3000m
	1:35pm Senior Boys (U19 on 01/01/2023) 5000m

Boys' races: Teams of 8 with 4 to score. Girls' races: Teams of 6 with 3 to score.

Athletes must compete in their own age group. However, a team may be completed by the inclusion of one athlete from the age group immediately below.

Competitors' numbers will be available from 11:00am.

Perpetual team cups/trophies to be returned to registration on the day

N.B. All schools must be affiliated to Irish Schools Athletic Association.

Affiliation form available at

<https://www.southmunsterschoolsathletics.org/>

The closing date for entries is Tuesday Feb 7th . Entry forms have been sent to school contacts.

Qualifiers for Munster Championships on the 24th February at Carriganore, Waterford :

First 4 teams in each grade and any athlete who finishes in the first 15 in each race.

All Ireland Schools finals take place at the same venue on the 11th March.
