

South Munster Schools Track & Field

Mardyke 6th/13th May 2023

Minor Girls

100m

1	Alison Scully	Mount Mercy Cork	12.70	CBP
2	Teresa Jabkiewicz	Carrigtwohill CC	13.05	
3	Ava Shorten	Colaiste Treasa	13.67	

800m

1	Freya Bateman	Mount Mercy Cork	2.14.72	CBP
2	Kate O Donovan	Mount Mercy Cork	2.17.19	
3	Emma Flynn	Colaiste Treasa	2.22.89	

75m Hurdles

1	Giselle Ahern	Carrigaline CS	11.84	CBP
2	Alicia Hegarty	St Angelas Cork	12.36	
3	Shonagh Ni Shuilleabhain	Colaiste an Phiarsaigh	12.71	

4 X 100m Relay

1		Mount Mercy Cork	52.28	CBP
2		St Angelas Cork	55.88	
3		Colaiste an Phiarsaigh	56.19	

Long Jump

1	Aine Frawley	St Marys Charleville	5.21	CBP
2	Clara Whelan	Colaiste Mhuire Buttevant	5.03	
3	Alicia Hegarty	St Angelas Cork	4.96	

Shot Put

1	Kim Lynch	Colaiste Muire Crosshaven	8.19	
2	Katelyn Cronin	St Marys Macroom	6.29	
3	Weronika Wojdyla	Cork Educate Together	5.18	

Minor Boys

100m

1	Colm Riordan	Coachford College	13.28	
2	Emmanuel Ogwogwo	Douglas CS	13.65	
3	Babatunde Smith	Killarney CC	13.99	

800m

1	Sean Riordan	St Colmans Fermoy	2.09.62	
2	Miezko Kalinowski	Douglas CS	2.15.98	
3	Matthew Mahony	Midleton CBS	2.16.19	

75m Hurdles

1	Sean Riordan	St Colmans Fermoy	12.02	
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4 X 100m Relay

1		St Brendans Killarney	54.56	
2		Midleton CBS	58.51	
3		Coachford CC	59.47	

Long Jump

1 Benjamin O' Donovan Bachelet	Clonakilty CC	4.51
2 Callum Harrington	PBC Cork	4.47
3 Michael Kelleher	De La Salle Macroom	4.19

Shot Put

1 Fintan O' Grady	Mitchelstown CBS	9.94
2 Caelan Fleming	Carrigaline CS	9.24
3 Michael Koume	Nagle CC Mahon	9.04

Junior Girls

100m

1 Tiffany Nwaedozie	Christ King Cork	13.19
2 Alexis Olaniran	Ashton	13.70
3 Catriona Whelan Curtin	St Aloysius Carrigtwohill	13.89

200m

1 Tiffany Nwaedozie	Christ King Cork	25.4
2 Catriona Whelan Curtin	St Aloysius Carrigtwohill	27.8
3 Rachel Ledwith	Mount Mercy Cork	27.9

800m

1 Lauren Dinan	St Angelas Cork	2.21.70
2 Ellie McRae	Scoil Mhuire Cork	2.32.19
3 Miah Holland	St Aloysius Carrigtwohill	2.36.05

1500m

1 Rachel O'Flynn	Loreto Fermoy	5.02.72
2 Rachel Ledwith	Mount Mercy Cork	5.09.30
3 Ella Dinan	St Angelas Cork	5.10.32

80m Hurdles

1 Ruby Cummins	Colaiste na Toirbhirte	12.02
2 Chloe O'Flynn	Loreto Fermoy	16.52
3		

1200m Race Walk

1 Aoife Martin	Colaiste an Chroi Naofa	6.12.4	CBP
2 Robyn Maher	Loreto Fermoy	6.19.4	
3 Anna Mullins	St Angelas Cork	6.34.4	

4 X 100m Relay

1	St Aloysius Carrigtwohill	55.30
2	Scoil Mhuire Cork	57.02
3	Loreto Fermoy	58.96

High Jump

1 Giselle Ahern	Carrigaline CS	1.56
2 Shonagh Ni Shuilleabhain	Colaiste an Phiarsaigh	1.53
3 Aine Frawley	St Marys Charleville	1.50

Long Jump

1	Ruby Cummins	Colaiste na Toirbhirte	5.08	
2	Tiffany Daniel	Ashton	4.23	
3	Ava Moriarty	Pobal Scoil Inbhear Sceine	4.02	
Pole Vault				
1	Olive Burger	Mount Mercy Cork	2.75	CBP
2	Noelle Mulcahy	St Angelas Cork	2.30	
3	Helena Golka	Gaelcholaiste Mhuire AG	2.30	
Shot Put				
1	Meabh O'Connell	St Angelas Cork	12.80	
2	Tara Osborn	Colaiste Muire Crosshaven	10.78	
3	Lyra O'Sullivan	SMGS Blarney	7.62	
Discus				
1	Meabh O'Connell	St Angelas Cork	27.44	
2	Helena Golka	Gaelcholaiste Mhuire AG	26.72	
3	Elaine O'Sullivan	Skibbereen CS	26.21	
Javelin				
1	Elaine O'Sullivan	Skibbereen CS	29.20	
2	Lucy Dennehy	Presentation Mitchelstown	28.96	
3	Lorraine Coakley	Skibbereen CS	25.26	
Hammer				
1	Aoibhin Ni Shuilleabhain	Colaiste an Phiarsaigh	34.58	
2	Megan Sheehan	Boherbue CS	30.27	
3	Clodagh Healy	Boherbue CS	21.36	

Junior Boys

100m				
1	Gabriel Ebo	Midleton CBS	11.84	CBP
2	Anthony Goggin	Colaiste an Spioraid Naoimh	11.85	
3	Wojciech Fraczek	Midleton CBS	12.24	
200m				
1	Josh O' Mahony	Colaiste Christ Ri	24.7	
2	Ronain O Cianain	Colaiste Daibheid	24.9	
3	Eoin Sexton	Hamilton High School	25.2	
800m				
1	Ronain O Cianain	Colaiste Daibheid	2.12.15	
2	Daniel Golden	Coachford College	2.16.02	
3	Thomas Kiely	Colaiste Treasa	2.19.83	
1500m				
1	Luke Merrigan	Glanmire CC	4.23.07	
2	Ben O'Reilly	Douglas CS	4.24.85	
3	Thomas Kiely	Colaiste Treasa	4.25.53	
80m Hurdles				
1	Anthony Goggin	Colaiste an Spioraid Naoimh	12.84	
2	Wojciech Fraczek	Midleton CBS	13.48	

3 Scot Phelan	Nagle CC Mahon	14.39	
1200m Race Walk			
1 Adam McCarthy	Kinsale CS	7.54.7	
2 Shane Doyle	Carrigaline CS	9.01.2	
4 X 100m Relay			
1	Midleton CBS	48.23	CBP
2	Coachford CC	54.77	
High Jump			
1 Ryan Onoh	Ashton	1.80	CBP=
Long Jump			
1 Alex Jaworski	Midleton CBS	5.54	
2 Conor Hughes	Douglas CS	4.94	
3 Finn O'Neill	St Brendans Killarney	4.88	
Triple Jump			
1 Alex Jaworski	Midleton CBS	11.08	
2 Max Clover	Bandon Grammar	10.87	
3 Aaron Sanchez	Carrigaline CS	9.07	
Shot Put			
1 Chucks Onyeka	Bishopstown CS	11.88	
2 Liam Rohan	Presentation Milltown	11.15	
3 Sam Dennehy	Carrigaline CS	9.55	
Discus			
1 Max Clover	Bandon Grammar	30.86	
2 Chucks Onyeka	Bishopstown CS	35.22	
3 Liam Rohan	Presentation Milltown	30.60	
Javelin			
1 James Carroll	SMGS Blarney	22.52	
Hammer			
1 Fintan O' Grady	Mitchelstown CBS	38.38	

Under 16 Girls Mile

1 Olive O' Flynn	Sacred Heart Clonakilty	5.53.7
2 Aishling O'Leary	St Aloysius Carrigtwohill	
2 Gemma O'Mahony	MICC Dunmanway	

Under 16 Boys Mile

1 Leo Murray	Douglas CS	5.06.4
2 Sam Hegarty	Douglas CS	5.19.8
3 Jacob Crowley	Douglas CS	6.04.9

Inter Girls

100m

1	Elena O'Sullivan	Regina Mundi Cork	12.41
2	Caoimhe Daly	Colaiste Choilm Ballincollig	12.93
3	Tara Cronin	Christ King Cork	13.57

200m

1	Hannah Falvey	SMGS Blarney	25.3
2	Elena O'Sullivan	Regina Mundi Cork	25.6
3	Sophie Mulcahy	St Angelas Cork	25.8

300m

1	Hannah Falvey	SMGS Blarney	40.7
2	Lucy Lynch	St Aloysius Carrigtwohill	41.1
3	Sophie Mulcahy	St Angelas Cork	42.0

800m

1	Zoe Conway	Colaiste Choilm Ballincollig	2.20.67
2	Katie Hennessy	St Aloysius Carrigtwohill	2.24.64
3	Lucy Lynch	St Aloysius Carrigtwohill	2.26.44

1500m

1	Saoirse Twomey	St Marys Macroom	5.05.0
2	Maria Murnane	Pobal Scoil Inbhear Sceine	5.07.1
3	Caoimhe Gray Walsh	Loreto Fermoy	5.23.4

3000m

1	Saoirse Twomey	St Marys Macroom	11.23.56
2	Eabha Ni Chonaola	St Marys Macroom	11.29.25
3	Laura Moore	Loreto Fermoy	11.39.43

80m Hurdles

1	Louise Mullins	Presentation Mitchelstown	12.40
2	Ellie Vaughan Reddan	SMGS Blarney	13.13
3	Suzanne Healey Bird	Ashton	13.66

300m Hurdles

1	Natalia Golka	Gaelcholaiste Mhuire AG	46.4
2	Ellie Vaughan Reddan	SMGS Blarney	48.1
3	Holly Arthur	Pobal Scoil Inbhear Sceine	49.1

1500m Steeplechase

1	Caoimhe Flannery	Skibbereen CS	5.17.1
2	Eabha Ni Chonaola	St Marys Macroom	5.36.0
3	Katie Hennessy	St Aloysius Carrigtwohill	5.37.7

1200m Race Walk

1	Juliet Biggs	St Brogans Bandon	6.20.4
2	Lusai de Faoite	Pobal Scoil Inbhear Sceine	6.53.5
3	Ellie Barry	Loreto Fermoy	9.20.9

4 X 100m Relay

1		St Aloysius Carrigtwohill	54.14
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High Jump

1	Tiggy Hanafin	Ballincollig CS	1.55
2	Lily Fell	Midleton College	1.50
3	Ava Chandler	St Aloysius Carrigtwohill	1.40

Long Jump		
1 Caoimhe Daly	Colaiste Choilm Ballincollig	5.22
2 Mia McCourt	Bandon Grammar	5.06
3 Tzita Kingston	Bandon Grammar	4.95
Triple Jump		
1 Aoife Callan	St Brogans Bandon	10.42
2 Tzita Kingston	Bandon Grammar	10.17
3 Sarah Gabrielle O'Sullivan	Ballincollig CS	7.45
Pole Vault		
1 Meabh Corkery	St Marys Midleton	2.75
2 Anna O' Shea	Killarney CC	2.45
3 Meabh Bannon	Christ King Cork	2.30
Shot Put		
1 Briana Onoh	Ashton	13.72
2 Saorlaith Murphy	St Marys Macroom	9.73
3 Laura Hobbs	Carrigaline CS	6.92
Discus		
1 Katie Kingston	Skibbereen CS	26.81
2 Diana Coakley	Skibbereen CS	26.80
3 Anna O' Shea	Killarney CC	22.56
Javelin		
1 Katie Kingston	Skibbereen CS	35.99
2 Aoife Callan	St Brogans Bandon	30.92
3 Ellie Barry	Loreto Fermoy	18.28
Hammer		
1 Orna Ni- Shuilleabhain	Colaiste an Phiarsaigh	39.19
2 Diana Coakley	Skibbereen CS	34.24
3 Tara Young	Colaiste an Chraoibhin	21.17

Inter Boys

100m		
1 David Ebo	Midleton CBS	11.83
2 Tyreek Bannon	HT Cork	11.91
3 Chinwendu Oji	Colaiste Chriost Ri	12.05
200m		
1 Cian O Brien	Presentation Milltown	23.2
2 Erhan Farley	Kinsale CS	23.5
3 Adam O hEachthigheirn	Colaiste Choilm Ballincollig	24.6
400m		
1 Jason O'Reilly	St Brendans Killarney	50.2
2 Senan O'Reilly	St Colmans Fermoy	50.8
3 Ruaidhri- O Baoill	Colaiste an Phiarsaigh	52.4

800m			
1	Senan O'Reilly	St Colmans Fermoy	1.58.77 CBP
2	Odhran O'Sullivan	CBC Cork	2.00.59
3	Jack O'Rourke	SMGS Blarney	2.01.40
1500m			
1	Finnian O'Lachtnain	Scoil Mhuire Beal Atha'n Ghaorthaidh	4.21.1
2	Conor Twomey	PBC Cork	4.26.8
3	Odhran O'Sullivan	CBC Cork	4.33.5
3000m			
1	Leo Murray	Douglas CS	9.31.04
2	Finnian O'Lachtnain	Scoil Mhuire Beal Atha'n Ghaorthaidh	9.37.07
3	Conor Twomey	PBC Cork	9.38.45
100m Hurdles			
1	Eoin O'Callaghan	Hamilton High School	14.94
400m Hurdles			
1	Ruaidhri- O Baoill	Colaiste an Phiarsaigh	61.90
2	Alex Neff	GC Charraig Ui Leighin	65.50
1500m Steeplechase			
1	Aidan Maher	St Colmans Fermoy	4.43.4
1200m Race Walk			
1	Shane Byrne	St Francis Rochestown	6.10.1
2	Cormac Byrne	Douglas CS	7.25.2
3	Killian O'Sullivan	Ballincollig CS	9.31.7
4 X 100m Relay			
1		Colaiste Christ Ri	49.40
2		Carrigaline CC	59.87
High Jump			
1	Eoin O'Callaghan	Hamilton High School	1.75
2	Diarmuid Bannon	Douglas CS	1.75
3	Ben O'Brien	Colaiste Choilm Ballincollig	1.50
Long Jump			
1	Tyreek Bannon	HT Cork	5.76
2	Liam O'Brien	Mt St Michael Roscarrbery	5.22
3	Colin Looney	St Brendans Killarney	4.81
Triple Jump			
1	Matthew Wilkins	PBC Cork	12.71
2	Oscar Naughton	PBC Cork	10.71
Pole Vault			
1	Alex Neff	GC Charraig Ui Leighin	3.60
2	Matthew Wilkins	PBC Cork	3.00
3	Diarmuid Bannon	Douglas CS	2.60
Shot Put			
1	Dylan O'Brien	Sliabh Luachra Rathmore	11.43
2	Killian O'Sullivan	Ballincollig CS	4.74

Discus			
1	Joshua Judd	St Colmans CC Midleton	28.92
2	Thomas Sanchez	Carrigaline CS	20.35
3	Conor O Suilleabhain	Carrigaline CS	19.04
Javelin			
1	Oscar Naughton	PBC Cork	35.66
2	Ben Merrigan	Glanmire CC	28.47
Hammer			
1	Diarmuid Towey	Colaiste an Chraoibhin	46.52
2	Joshua Judd	St Colmans CC Midleton	26.38

Senior Girls

100m			
1	Fatima Amusa	Bishopstown CS	12.68
2	Ella Jenks	Ballincollig CS	14.07
3	Caoimhe Geoghegan	St Marys Midleton	14.25
200m			
1	Fatima Amusa	Bishopstown CS	25.1
2	Una Brice	Mount Mercy Cork	27.4
3	Ella Jenks	Ballincollig CS	28.2
400m			
1	Maeve O'Neill	MICC Dunmanway	56.7
2	Zoe Nestor	Mount Mercy Cork	71.4
3	Camille Ni Shuilleabhain	St Marys Mallow	71.7
800m			
1	Maeve O'Neill	MICC Dunmanway	2.12.84
2	Nicole Dinan	St Angelas Cork	2.17.68
3	Ella Collins	Colaiste na Toirbhirte	2.24.94
1500m			
1	Claire Crowley	Kinsale CS	4.47.8
2	Lucy O' Flynn	Sacred Heart Clonakilty	5.03.2
3	Emma Bell	St Aloysius Carrigtwohill	5.08.3
3000m			
1	Avril Millerick	St Marys Midleton	10.12.50
2	Claire Crowley	Kinsale CS	10.33.36
3	Isobel Kellegher	St Marys Mallow	10.40.78
100m Hurdles			
1	Okwu Backari	Ashton	15.18
2	Gemma Natale	Nagle CC Mahon	23.41
400m Hurdles			
1	Ella Scott	Bruce College Cork	
1500m Steeplechase			
1	Ella Collins	Colaiste na Toirbhirte	5.17.4

2	Isobel Kellegher	St Marys Mallow	5.37.7
3	Abbie Dunlop	Pobal Scoil Inbhear Sceine	6.10.1
1200m Race Walk			
1	Aoife Tuthill	Colaiste na Toirbhirte	
High Jump			
1	Maeve Fleming	Scoil Mhuire Cork	1.65
Long Jump			
1	Gabrielle Bowen	Kinsale CS	5.30
2	Caoimhe Geoghegan	St Marys Midleton	5.04
3	Blessing Onyeka	Bishopstown CS	4.23
Triple Jump			
1	Gabrielle Bowen	Kinsale CS	9.93
Pole Vault			
1	Una Brice	Mount Mercy Cork	3.05
2	Lucie Healy	Regina Mundi Cork	2.75
Shot Put			
1	Kotryna Pacerinskaite	Presentation Mitchelstown	11.60
2	Aoife Lucey	St Marys Macroom	7.11
3	Luisa Dela Costa	Nagle CC Mahon	6.98
Discus			
1	Kate Naughton	Scoil Mhuire Cork	29.05
Hammer			
1	Kotryna Pacerinskaite	Presentation Mitchelstown	47.57
2	Eadaoin Towey	Colaiste an Chraoibhin	33.60
3	Leah Parker	St Aloysius Carrigtwohill	33.52
4 X 300m Relay			
1		St Als Carrigtwohill	3.08.3
2		Mount Mercy College	3.29.9
3		Carigaline CS	3.38.7

Senior Boys

100m			
1	Colin Murphy	Colaiste Muire Crosshaven	11.46
2	Max O' Reilly	Carrigaline CS	11.56
3	Kyle Kamdem	Midleton College	11.61
200m			
1	Luke Butler	Midleton CBS	22.4
1	Aaron Gui	Carrigaline CS	22.4
3	Colin Murphy	Colaiste Muire Crosshaven	22.4
400m			
1	Praise Wenegieme	Colaiste Muire Crosshaven	50.1
2	Sam Kiely	Kinsale CS	52.0

3 Daire Lynch	Patrician Academy Mallow	56.2
800m		
1 Oisin Lynch	St Brendans Killarney	1.59.44
2 Eoghan O Connor	St Francis Rochestown	2.00.15
3 Sam Kiely	Kinsale CS	2.01.72
1500m		
1 Sean Lawton	Colaiste Pobail Bheantraí	4.01.2
2 Daniel Buckley	CBC Cork	4.04.2
3 Eoghan O Connor	St Francis Rochestown	4.07.4
3000m		
1 Sean Lawton	Colaiste Pobail Bheantraí	8.56.16
2 William Verling	St Colmans Fermoy	9.09.14
3 Robert Troy	CBS Charleville	9.15.29
110m Hurdles		
1 Sean Carmody	CBC Cork	15.11
400m Hurdles		
1 Jack Glesson	Douglas CS	66.80
2000m Steeplechase		
1 Robert Troy	CBS Charleville	6.27.4
2 Tommy Arthur	Pobal Scoil Inbhear Sceine	6.36.5
3 Timmy Hawkins	Bruce College Cork	6.40.2
1200m Race Walk		
1 Antonio Romaj	Carrigaline CS	10.08.7
High Jump		
1 Bartlomiej Zglinski	Intermediate Sc Killorglin	1.75
2 Rian O'Luasa	Bishopstown CS	1.65
Long Jump		
1 Conor Callinan	Colaiste an Chroi- Naofa	6.38
2 Darragh Kelleher	Hamilton High School	5.10
3 David Flynn	Douglas CS	5.07
Triple Jump		
1 David Flynn	Douglas CS	11.00
2 Sean Twomey	Carrigaline CS	9.05
3 Antonio Romaj	Carrigaline CS	7.69
Pole Vault		
1 Josh Fitzgerald	Colaiste Muire Crosshaven	4.20
Shot Put		
1 Nedas Baltrimavicius	Nagle CC Mahon	12.58
2 Henok Atikossie	Nagle CC Mahon	9.87
3 Deron Thomas Njanque	St Peters CS Passage West	6.81
Discus		
1 Alex Ademola	Colaiste Christ Ri	37.09
2 Dylan Fleming	Boherbue CS	27.67

3 Finn Fitzgerald	Colaiste Muire Crosshaven	18.76
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Javelin

1 Timmy Colbert	Colaiste an Chroi- Naofa	42.58
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2 Jack Cullen	Hamilton High School	41.59
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3 Alex Ademola	Colaiste Christ Ri	34.25
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4 X 400m Relay

1	St Brendans	3.44.1
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2	CBC	3.58.3
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3	Carrigaline CS	4.10.4
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