

# South Munster Schools Track & Field

## Mardyke 6th/13th May 2023

### Minor Girls

#### 100m

|   |                   |                  |       |     |
|---|-------------------|------------------|-------|-----|
| 1 | Alison Scully     | Mount Mercy Cork | 12.70 | CBP |
| 2 | Teresa Jabkiewicz | Carrigtwohill CC | 13.05 |     |
| 3 | Ava Shorten       | Colaiste Treasa  | 13.67 |     |

#### 800m

|   |                |                  |         |     |
|---|----------------|------------------|---------|-----|
| 1 | Freya Bateman  | Mount Mercy Cork | 2.14.72 | CBP |
| 2 | Kate O Donovan | Mount Mercy Cork | 2.17.19 |     |
| 3 | Emma Flynn     | Colaiste Treasa  | 2.22.89 |     |

#### 75m Hurdles

|   |                          |                        |       |     |
|---|--------------------------|------------------------|-------|-----|
| 1 | Giselle Ahern            | Carrigaline CS         | 11.84 | CBP |
| 2 | Alicia Hegarty           | St Angelas Cork        | 12.36 |     |
| 3 | Shonagh Ni Shuilleabhain | Colaiste an Phiarsaigh | 12.71 |     |

#### 4 X 100m Relay

|   |  |                        |       |     |
|---|--|------------------------|-------|-----|
| 1 |  | Mount Mercy Cork       | 52.28 | CBP |
| 2 |  | St Angelas Cork        | 55.88 |     |
| 3 |  | Colaiste an Phiarsaigh | 56.19 |     |

#### Long Jump

|   |                |                           |      |     |
|---|----------------|---------------------------|------|-----|
| 1 | Aine Frawley   | St Marys Charleville      | 5.21 | CBP |
| 2 | Clara Whelan   | Colaiste Mhuire Buttevant | 5.03 |     |
| 3 | Alicia Hegarty | St Angelas Cork           | 4.96 |     |

#### Shot Put

|   |                  |                           |      |  |
|---|------------------|---------------------------|------|--|
| 1 | Kim Lynch        | Colaiste Muire Crosshaven | 8.19 |  |
| 2 | Katelyn Cronin   | St Marys Macroom          | 6.29 |  |
| 3 | Weronika Wojdyla | Cork Educate Together     | 5.18 |  |

### Minor Boys

#### 100m

|   |                  |                   |       |  |
|---|------------------|-------------------|-------|--|
| 1 | Colm Riordan     | Coachford College | 13.28 |  |
| 2 | Emmanuel Ogwogwo | Douglas CS        | 13.65 |  |
| 3 | Babatunde Smith  | Killarney CC      | 13.99 |  |

#### 800m

|   |                   |                   |         |  |
|---|-------------------|-------------------|---------|--|
| 1 | Sean Riordan      | St Colmans Fermoy | 2.09.62 |  |
| 2 | Miezko Kalinowski | Douglas CS        | 2.15.98 |  |
| 3 | Matthew Mahony    | Midleton CBS      | 2.16.19 |  |

#### 75m Hurdles

|   |              |                   |       |  |
|---|--------------|-------------------|-------|--|
| 1 | Sean Riordan | St Colmans Fermoy | 12.02 |  |
|---|--------------|-------------------|-------|--|

#### 4 X 100m Relay

|   |  |                       |       |  |
|---|--|-----------------------|-------|--|
| 1 |  | St Brendans Killarney | 54.56 |  |
| 2 |  | Midleton CBS          | 58.51 |  |
| 3 |  | Coachford CC          | 59.47 |  |

### Long Jump

|                                |                     |      |
|--------------------------------|---------------------|------|
| 1 Benjamin O' Donovan Bachelet | Clonakilty CC       | 4.51 |
| 2 Callum Harrington            | PBC Cork            | 4.47 |
| 3 Michael Kelleher             | De La Salle Macroom | 4.19 |

### Shot Put

|                   |                  |      |
|-------------------|------------------|------|
| 1 Fintan O' Grady | Mitchelstown CBS | 9.94 |
| 2 Caelan Fleming  | Carrigaline CS   | 9.24 |
| 3 Michael Koume   | Nagle CC Mahon   | 9.04 |

## Junior Girls

### 100m

|                          |                           |       |
|--------------------------|---------------------------|-------|
| 1 Tiffany Nwaedozie      | Christ King Cork          | 13.19 |
| 2 Alexis Olaniran        | Ashton                    | 13.70 |
| 3 Catriona Whelan Curtin | St Aloysius Carrigtwohill | 13.89 |

### 200m

|                          |                           |      |
|--------------------------|---------------------------|------|
| 1 Tiffany Nwaedozie      | Christ King Cork          | 25.4 |
| 2 Catriona Whelan Curtin | St Aloysius Carrigtwohill | 27.8 |
| 3 Rachel Ledwith         | Mount Mercy Cork          | 27.9 |

### 800m

|                |                           |         |
|----------------|---------------------------|---------|
| 1 Lauren Dinan | St Angelas Cork           | 2.21.70 |
| 2 Ellie McRae  | Scoil Mhuire Cork         | 2.32.19 |
| 3 Miah Holland | St Aloysius Carrigtwohill | 2.36.05 |

### 1500m

|                  |                  |         |
|------------------|------------------|---------|
| 1 Rachel O'Flynn | Loreto Fermoy    | 5.02.72 |
| 2 Rachel Ledwith | Mount Mercy Cork | 5.09.30 |
| 3 Ella Dinan     | St Angelas Cork  | 5.10.32 |

### 75m Hurdles

|                 |                        |       |
|-----------------|------------------------|-------|
| 1 Ruby Cummins  | Colaiste na Toirbhirte | 12.02 |
| 2 Chloe O'Flynn | Loreto Fermoy          | 16.52 |
| 3               |                        |       |

### 1200m Race Walk

|                |                         |        |     |
|----------------|-------------------------|--------|-----|
| 1 Aoife Martin | Colaiste an Chroi Naofa | 6.12.4 | CBP |
| 2 Robyn Maher  | Loreto Fermoy           | 6.19.4 |     |
| 3 Anna Mullins | St Angelas Cork         | 6.34.4 |     |

### 4 X 100m Relay

|   |                           |       |
|---|---------------------------|-------|
| 1 | St Aloysius Carrigtwohill | 55.30 |
| 2 | Scoil Mhuire Cork         | 57.02 |
| 3 | Loreto Fermoy             | 58.96 |

### High Jump

|                            |                        |      |
|----------------------------|------------------------|------|
| 1 Giselle Ahern            | Carrigaline CS         | 1.56 |
| 2 Shonagh Ni Shuilleabhain | Colaiste an Phiarsaigh | 1.53 |
| 3 Aine Frawley             | St Marys Charleville   | 1.50 |

### Long Jump

|                            |                            |       |     |
|----------------------------|----------------------------|-------|-----|
| 1 Ruby Cummins             | Colaiste na Toirbhirte     | 5.08  |     |
| 2 Tiffany Daniel           | Ashton                     | 4.23  |     |
| 3 Ava Moriarty             | Pobal Scoil Inbhear Sceine | 4.02  |     |
| Pole Vault                 |                            |       |     |
| 1 Olive Burger             | Mount Mercy Cork           | 2.75  | CBP |
| 2 Noelle Mulcahy           | St Angelas Cork            | 2.30  |     |
| 3 Helena Golka             | Gaelcholaiste Mhuire AG    | 2.30  |     |
| Shot Put                   |                            |       |     |
| 1 Meabh O'Connell          | St Angelas Cork            | 12.80 |     |
| 2 Tara Osborn              | Colaiste Muire Crosshaven  | 10.78 |     |
| 3 Lyra O'Sullivan          | SMGS Blarney               | 7.62  |     |
| Discus                     |                            |       |     |
| 1 Meabh O'Connell          | St Angelas Cork            | 27.44 |     |
| 2 Helena Golka             | Gaelcholaiste Mhuire AG    | 26.72 |     |
| 3 Elaine O'Sullivan        | Skibbereen CS              | 26.21 |     |
| Javelin                    |                            |       |     |
| 1 Elaine O'Sullivan        | Skibbereen CS              | 29.20 |     |
| 2 Lucy Dennehy             | Presentation Mitchelstown  | 28.96 |     |
| 3 Lorraine Coakley         | Skibbereen CS              | 25.26 |     |
| Hammer                     |                            |       |     |
| 1 Aoibhin Ni Shuilleabhain | Colaiste an Phiarsaigh     | 34.58 |     |
| 2 Megan Sheehan            | Boherbue CS                | 30.27 |     |
| 3 Clodagh Healy            | Boherbue CS                | 21.36 |     |

## Junior Boys

|                    |                             |         |     |
|--------------------|-----------------------------|---------|-----|
| 100m               |                             |         |     |
| 1 Gabriel Ebo      | Midleton CBS                | 11.84   | CBP |
| 2 Anthony Goggin   | Colaiste an Spioraid Naoimh | 11.85   |     |
| 3 Wojciech Fraczek | Midleton CBS                | 12.24   |     |
| 200m               |                             |         |     |
| 1 Josh O' Mahony   | Colaiste Christ Ri          | 24.7    |     |
| 2 Ronain O Cianain | Colaiste Daibheid           | 24.9    |     |
| 3 Eoin Sexton      | Hamilton High School        | 25.2    |     |
| 800m               |                             |         |     |
| 1 Ronain O Cianain | Colaiste Daibheid           | 2.12.15 |     |
| 2 Daniel Golden    | Coachford College           | 2.16.02 |     |
| 3 Oscar Murphy     | Midleton College            | 2.19.83 |     |
| 1500m              |                             |         |     |
| 1 Luke Merrigan    | Glanmire CC                 | 4.23.07 |     |
| 2 Ben O'Reilly     | Douglas CS                  | 4.24.85 |     |
| 3 Thomas Kiely     | Colaiste Treasa             | 4.25.53 |     |
| 80m Hurdles        |                             |         |     |
| 1 Anthony Goggin   | Colaiste an Spioraid Naoimh | 12.84   |     |
| 2 Wojciech Fraczek | Midleton CBS                | 13.48   |     |

|                   |                       |        |      |
|-------------------|-----------------------|--------|------|
| 3 Scot Phelan     | Nagle CC Mahon        | 14.39  |      |
| 1200m Race Walk   |                       |        |      |
| 1 Adam McCarthy   | Kinsale CS            | 7.54.7 |      |
| 2 Shane Doyle     | Carrigaline CS        | 9.01.2 |      |
| 4 X 100m Relay    |                       |        |      |
| 1                 | Midleton CBS          | 48.23  | CBP  |
| 2                 | Coachford CC          | 54.77  |      |
| High Jump         |                       |        |      |
| 1 Ryan Onoh       | Ashton                | 1.80   | CBP= |
| Long Jump         |                       |        |      |
| 1 Alex Jaworski   | Midleton CBS          | 5.54   |      |
| 2 Conor Hughes    | Douglas CS            | 4.94   |      |
| 3 Dominik Wasila  | St Brendans Killarney | 4.88   |      |
| Triple Jump       |                       |        |      |
| 1 Alex Jaworski   | Midleton CBS          | 11.08  |      |
| 2 Max Clover      | Bandon Grammar        | 10.87  |      |
| 3 Aaron Sanchez   | Carrigaline CS        | 9.07   |      |
| Shot Put          |                       |        |      |
| 1 Chucks Onyeka   | Bishopstown CS        | 11.88  |      |
| 2 Liam Rohan      | Presentation Milltown | 11.15  |      |
| 3 Sam Dennehy     | Carrigaline CS        | 9.55   |      |
| Discus            |                       |        |      |
| 1 Chucks Onyeka   | Bishopstown CS        | 35.22  |      |
| 2 Max Clover      | Bandon Grammar        | 30.86  |      |
| 3 Liam Rohan      | Presentation Milltown | 30.60  |      |
| Javelin           |                       |        |      |
| 1 James Carroll   | SMGS Blarney          | 22.52  |      |
| Hammer            |                       |        |      |
| 1 Fintan O' Grady | Mitchelstown CBS      | 38.38  |      |

### Under 16 Girls Mile

|                    |                           |        |  |
|--------------------|---------------------------|--------|--|
| 1 Olive O' Flynn   | Sacred Heart Clonakilty   | 5.53.7 |  |
| 2 Aishling O'Leary | St Aloysius Carrigtwohill |        |  |
| 2 Gemma O'Mahony   | MICC Dunmanway            |        |  |

### Under 16 Boys Mile

|                        |                   |        |  |
|------------------------|-------------------|--------|--|
| 1 Leo Murray           | Douglas CS        | 5.06.4 |  |
| 2 Sam Hegarty          | Douglas CS        | 5.19.8 |  |
| 3 <b>Jacob Crowley</b> | <b>Douglas CS</b> | 6.04.9 |  |

### Inter Girls

100m

|   |                  |                              |       |
|---|------------------|------------------------------|-------|
| 1 | Elena O'Sullivan | Regina Mundi Cork            | 12.41 |
| 2 | Caoimhe Daly     | Colaiste Choilm Ballincollig | 12.93 |
| 3 | Tara Cronin      | Christ King Cork             | 13.57 |

#### 200m

|   |                  |                   |      |
|---|------------------|-------------------|------|
| 1 | Hannah Falvey    | SMGS Blarney      | 25.3 |
| 2 | Elena O'Sullivan | Regina Mundi Cork | 25.6 |
| 3 | Sophie Mulcahy   | St Angelas Cork   | 25.8 |

#### 300m

|   |                |                           |      |
|---|----------------|---------------------------|------|
| 1 | Hannah Falvey  | SMGS Blarney              | 40.7 |
| 2 | Lucy Lynch     | St Aloysius Carrigtwohill | 41.1 |
| 3 | Sophie Mulcahy | St Angelas Cork           | 42.0 |

#### 800m

|   |                |                              |         |
|---|----------------|------------------------------|---------|
| 1 | Zoe Conway     | Colaiste Choilm Ballincollig | 2.20.67 |
| 2 | Katie Hennessy | St Aloysius Carrigtwohill    | 2.24.64 |
| 3 | Lucy Lynch     | St Aloysius Carrigtwohill    | 2.26.44 |

#### 1500m

|   |                    |                            |        |
|---|--------------------|----------------------------|--------|
| 1 | Saoirse Twomey     | St Marys Macroom           | 5.05.0 |
| 2 | Maria Murnane      | Pobal Scoil Inbhear Sceine | 5.07.1 |
| 3 | Caoimhe Gray Walsh | Loreto Fermoy              | 5.23.4 |

#### 3000m

|   |                   |                  |          |
|---|-------------------|------------------|----------|
| 1 | Saoirse Twomey    | St Marys Macroom | 11.23.56 |
| 2 | Eabha Ni Chonaola | St Marys Macroom | 11.29.25 |
| 3 | Laura Moore       | Loreto Fermoy    | 11.39.43 |

#### 80m Hurdles

|   |                      |                           |       |
|---|----------------------|---------------------------|-------|
| 1 | Louise Mullins       | Presentation Mitchelstown | 12.40 |
| 2 | Ellie Vaughan Reddan | SMGS Blarney              | 13.13 |
| 3 | Suzanne Healey Bird  | Ashton                    | 13.66 |

#### 300m Hurdles

|   |                      |                            |      |
|---|----------------------|----------------------------|------|
| 1 | Natalia Golka        | Gaelcholaiste Mhuire AG    | 46.4 |
| 2 | Ellie Vaughan Reddan | SMGS Blarney               | 48.1 |
| 3 | Holly Arthur         | Pobal Scoil Inbhear Sceine | 49.1 |

#### 1500m Steeplechase

|   |                   |                           |        |     |
|---|-------------------|---------------------------|--------|-----|
| 1 | Caoimhe Flannery  | Skibbereen CS             | 5.17.1 | CBP |
| 2 | Eabha Ni Chonaola | St Marys Macroom          | 5.36.0 |     |
| 3 | Katie Hennessy    | St Aloysius Carrigtwohill | 5.37.7 |     |

#### 1200m Race Walk

|   |                 |                            |        |
|---|-----------------|----------------------------|--------|
| 1 | Juliet Biggs    | St Brogans Bandon          | 6.20.4 |
| 2 | Lusai de Faoite | Pobal Scoil Inbhear Sceine | 6.53.5 |
| 3 | Ellie Barry     | Loreto Fermoy              | 9.20.9 |

#### 4 X 100m Relay

|   |  |                           |       |
|---|--|---------------------------|-------|
| 1 |  | St Aloysius Carrigtwohill | 54.14 |
|---|--|---------------------------|-------|

#### High Jump

|   |               |                           |      |
|---|---------------|---------------------------|------|
| 1 | Tiggy Hanafin | Ballincollig CS           | 1.55 |
| 2 | Lily Fell     | Midleton College          | 1.50 |
| 3 | Ava Chandler  | St Aloysius Carrigtwohill | 1.40 |

|                              |                              |       |
|------------------------------|------------------------------|-------|
| Long Jump                    |                              |       |
| 1 Caoimhe Daly               | Colaiste Choilm Ballincollig | 5.22  |
| 2 Mia McCourt                | Bandon Grammar               | 5.06  |
| 3 Tzita Kingston             | Bandon Grammar               | 4.95  |
| Triple Jump                  |                              |       |
| 1 Aoife Callan               | St Brogans Bandon            | 10.42 |
| 2 Tzita Kingston             | Bandon Grammar               | 10.17 |
| 3 Sarah Gabrielle O'Sullivan | Ballincollig CS              | 7.45  |
| Pole Vault                   |                              |       |
| 1 Meabh Corkery              | St Marys Midleton            | 2.75  |
| 2 Anna O' Shea               | Killarney CC                 | 2.45  |
| 3 Meabh Bannon               | Christ King Cork             | 2.30  |
| Shot Put                     |                              |       |
| 1 Briana Onoh                | Ashton                       | 13.72 |
| 2 Saorlaith Murphy           | St Marys Macroom             | 9.73  |
| 3 Laura Hobbs                | Carrigaline CS               | 6.92  |
| Discus                       |                              |       |
| 1 Katie Kingston             | Skibbereen CS                | 26.81 |
| 2 Diana Coakley              | Skibbereen CS                | 26.80 |
| 3 Anna O' Shea               | Killarney CC                 | 22.56 |
| Javelin                      |                              |       |
| 1 Katie Kingston             | Skibbereen CS                | 35.99 |
| 2 Aoife Callan               | St Brogans Bandon            | 30.92 |
| 3 Ellie Barry                | Loreto Fermoy                | 18.28 |
| Hammer                       |                              |       |
| 1 Orna Ni- Shuilleabhain     | Colaiste an Phiarsaigh       | 39.19 |
| 2 Diana Coakley              | Skibbereen CS                | 34.24 |
| 3 Tara Young                 | Colaiste an Chraoibhin       | 21.17 |

## Inter Boys

|                         |                              |       |
|-------------------------|------------------------------|-------|
| 100m                    |                              |       |
| 1 David Ebo             | Midleton CBS                 | 11.83 |
| 2 Tyreek Bannon         | HT Cork                      | 11.91 |
| 3 Chinwendu Oji         | Colaiste Chriost Ri          | 12.05 |
| 200m                    |                              |       |
| 1 Cian O'Brien          | Presentation Milltown        | 23.2  |
| 2 Erhan Farley          | Kinsale CS                   | 23.5  |
| 3 Adam O hEachthigheirn | Colaiste Choilm Ballincollig | 24.6  |
| 400m                    |                              |       |
| 1 Jason O'Reilly        | St Brendans Killarney        | 50.2  |
| 2 Senan O'Reilly        | St Colmans Fermoy            | 50.8  |
| 3 Ruaidhri- O Baoill    | Colaiste an Phiarsaigh       | 52.4  |

|                    |                    |                                      |             |
|--------------------|--------------------|--------------------------------------|-------------|
| 800m               |                    |                                      |             |
| 1                  | Senan O'Reilly     | St Colmans Fermoy                    | 1.58.77 CBP |
| 2                  | Odhran O'Sullivan  | CBC Cork                             | 2.00.59     |
| 3                  | Jack O'Rourke      | SMGS Blarney                         | 2.01.40     |
| 1500m              |                    |                                      |             |
| 1                  | Finnian O'Lachtain | Scoil Mhuire Beal Atha'n Ghaorthaidh | 4.21.1      |
| 2                  | Conor Twomey       | PBC Cork                             | 4.26.8      |
| 3                  | Odhran O'Sullivan  | CBC Cork                             | 4.33.5      |
| 3000m              |                    |                                      |             |
| 1                  | Leo Murray         | Douglas CS                           | 9.31.04     |
| 2                  | Finnian O'Lachtain | Scoil Mhuire Beal Atha'n Ghaorthaidh | 9.37.07     |
| 3                  | Conor Twomey       | PBC Cork                             | 9.38.45     |
| 100m Hurdles       |                    |                                      |             |
| 1                  | Eoin O'Callaghan   | Hamilton High School                 | 14.94       |
| 400m Hurdles       |                    |                                      |             |
| 1                  | Ruaidhri- O Baoill | Colaiste an Phiarsaigh               | 61.90       |
| 2                  | Alex Neff          | GC Charraig Ui Leighin               | 65.50       |
| 1500m Steeplechase |                    |                                      |             |
| 1                  | Aidan Maher        | St Colmans Fermoy                    | 4.43.4      |
| 1200m Race Walk    |                    |                                      |             |
| 1                  | Shane Byrne        | St Francis Rochestown                | 6.10.1      |
| 2                  | Cormac Byrne       | Douglas CS                           | 7.25.2      |
| 3                  | Killian O'Sullivan | Ballincollig CS                      | 9.31.7      |
| 4 X 100m Relay     |                    |                                      |             |
| 1                  |                    | Colaiste Christ Ri                   | 49.40       |
| 2                  |                    | Carrigaline CC                       | 59.87       |
| High Jump          |                    |                                      |             |
| 1                  | Eoin O'Callaghan   | Hamilton High School                 | 1.75        |
| 2                  | Diarmuid Bannon    | Douglas CS                           | 1.75        |
| 3                  | Ben O'Brien        | Colaiste Choilm Ballincollig         | 1.50        |
| Long Jump          |                    |                                      |             |
| 1                  | Tyreek Bannon      | HT Cork                              | 5.76        |
| 2                  | Liam O'Brien       | Mt St Michael Roscarrbery            | 5.22        |
| 3                  | Colin Looney       | St Brendans Killarney                | 4.81        |
| Triple Jump        |                    |                                      |             |
| 1                  | Matthew Wilkins    | PBC Cork                             | 12.71       |
| 2                  | Oscar Naughton     | PBC Cork                             | 10.71       |
| Pole Vault         |                    |                                      |             |
| 1                  | Alex Neff          | GC Charraig Ui Leighin               | 3.60        |
| 2                  | Matthew Wilkins    | PBC Cork                             | 3.00        |
| 3                  | Diarmuid Bannon    | Douglas CS                           | 2.60        |
| Shot Put           |                    |                                      |             |
| 1                  | Dylan O'Brien      | Sliabh Luachra Rathmore              | 11.43       |
| 2                  | Killian O'Sullivan | Ballincollig CS                      | 4.74        |

|         |                      |                        |       |
|---------|----------------------|------------------------|-------|
| Discus  |                      |                        |       |
| 1       | Joshua Judd          | St Colmans CC Midleton | 28.92 |
| 2       | Thomas Sanchez       | Carrigaline CS         | 20.35 |
| 3       | Conor O Suilleabhain | Carrigaline CS         | 19.04 |
| Javelin |                      |                        |       |
| 1       | Oscar Naughton       | PBC Cork               | 35.66 |
| 2       | Ben Merrigan         | Glanmire CC            | 28.47 |
| Hammer  |                      |                        |       |
| 1       | Diarmuid Towey       | Colaiste an Chraoibhin | 46.52 |
| 2       | Joshua Judd          | St Colmans CC Midleton | 26.38 |

## Senior Girls

|      |                   |                   |       |
|------|-------------------|-------------------|-------|
| 100m |                   |                   |       |
| 1    | Fatima Amusa      | Bishopstown CS    | 12.68 |
| 2    | Ella Jenks        | Ballincollig CS   | 14.07 |
| 3    | Caoimhe Geoghegan | St Marys Midleton | 14.25 |

|      |              |                  |      |
|------|--------------|------------------|------|
| 200m |              |                  |      |
| 1    | Fatima Amusa | Bishopstown CS   | 25.1 |
| 2    | Una Brice    | Mount Mercy Cork | 27.4 |
| 3    | Ella Jenks   | Ballincollig CS  | 28.2 |

|      |                          |                  |      |
|------|--------------------------|------------------|------|
| 400m |                          |                  |      |
| 1    | Maeve O'Neill            | MICC Dunmanway   | 56.7 |
| 2    | Zoe Nestor               | Mount Mercy Cork | 71.4 |
| 3    | Camille Ni Shuilleabhain | St Marys Mallow  | 71.7 |

|      |               |                        |         |
|------|---------------|------------------------|---------|
| 800m |               |                        |         |
| 1    | Maeve O'Neill | MICC Dunmanway         | 2.12.84 |
| 2    | Nicole Dinan  | St Angelas Cork        | 2.17.68 |
| 3    | Ella Collins  | Colaiste na Toirbhirte | 2.24.94 |

|       |                |                           |        |
|-------|----------------|---------------------------|--------|
| 1500m |                |                           |        |
| 1     | Claire Crowley | Kinsale CS                | 4.47.8 |
| 2     | Lucy O' Flynn  | Sacred Heart Clonakilty   | 5.03.2 |
| 3     | Emma Bell      | St Aloysius Carrigtwohill | 5.08.3 |

|       |                  |                   |          |
|-------|------------------|-------------------|----------|
| 3000m |                  |                   |          |
| 1     | Avril Millerick  | St Marys Midleton | 10.12.50 |
| 2     | Claire Crowley   | Kinsale CS        | 10.33.36 |
| 3     | Isobel Kellegher | St Marys Mallow   | 10.40.78 |

|              |              |                |       |     |
|--------------|--------------|----------------|-------|-----|
| 100m Hurdles |              |                |       |     |
| 1            | Okwu Backari | Ashton         | 15.18 | CBP |
| 2            | Gemma Natale | Nagle CC Mahon | 23.41 |     |

|              |            |                    |  |
|--------------|------------|--------------------|--|
| 400m Hurdles |            |                    |  |
| 1            | Ella Scott | Bruce College Cork |  |

|                    |              |                        |        |
|--------------------|--------------|------------------------|--------|
| 1500m Steeplechase |              |                        |        |
| 1                  | Ella Collins | Colaiste na Toirbhirte | 5.17.4 |



|                 |                       |                            |        |
|-----------------|-----------------------|----------------------------|--------|
| 2               | Isobel Kellegher      | St Marys Mallow            | 5.37.7 |
| 3               | Abbie Dunlop          | Pobal Scoil Inbhear Sceine | 6.10.1 |
| 1200m Race Walk |                       |                            |        |
| 1               | Aoife Tuthill         | Colaiste na Toirbhirte     |        |
| High Jump       |                       |                            |        |
| 1               | Maeve Fleming         | Scoil Mhuire Cork          | 1.65   |
| Long Jump       |                       |                            |        |
| 1               | Gabrielle Bowen       | Kinsale CS                 | 5.30   |
| 2               | Caoimhe Geoghegan     | St Marys Midleton          | 5.04   |
| 3               | Blessing Onyeka       | Bishopstown CS             | 4.23   |
| Triple Jump     |                       |                            |        |
| 1               | Gabrielle Bowen       | Kinsale CS                 | 9.93   |
| Pole Vault      |                       |                            |        |
| 1               | Una Brice             | Mount Mercy Cork           | 3.05   |
| 2               | Lucie Healy           | Regina Mundi Cork          | 2.75   |
| Shot Put        |                       |                            |        |
| 1               | Kotryna Pacerinskaite | Presentation Mitchelstown  | 11.60  |
| 2               | Aoife Lucey           | St Marys Macroom           | 7.11   |
| 3               | Luisa Dela Costa      | Nagle CC Mahon             | 6.98   |
| Discus          |                       |                            |        |
| 1               | Kate Naughton         | Scoil Mhuire Cork          | 29.05  |
| Hammer          |                       |                            |        |
| 1               | Kotryna Pacerinskaite | Presentation Mitchelstown  | 47.57  |
| 2               | Eadaoin Towey         | Colaiste an Chraoibhin     | 33.60  |
| 3               | Leah Parker           | St Aloysius Carrigtwohill  | 33.52  |
| 4 X 300m Relay  |                       |                            |        |
| 1               |                       | St Als Carrigtwohill       | 3.08.3 |
| 2               |                       | Mount Mercy College        | 3.29.9 |
| 3               |                       | Carigaline CS              | 3.38.7 |

## Senior Boys

|      |                  |                           |       |
|------|------------------|---------------------------|-------|
| 100m |                  |                           |       |
| 1    | Colin Murphy     | Colaiste Muire Crosshaven | 11.46 |
| 2    | Max O' Reilly    | Carrigaline CS            | 11.56 |
| 3    | Kyle Kamdem      | Midleton College          | 11.61 |
| 200m |                  |                           |       |
| 1    | Luke Butler      | Midleton CBS              | 22.4  |
| 1    | Aaron Gui        | Carrigaline CS            | 22.4  |
| 3    | Colin Murphy     | Colaiste Muire Crosshaven | 22.4  |
| 400m |                  |                           |       |
| 1    | Praise Wenegieme | Colaiste Muire Crosshaven | 50.1  |
| 2    | Sam Kiely        | Kinsale CS                | 52.0  |

|                        |                            |         |
|------------------------|----------------------------|---------|
| 3 Daire Lynch          | Patrician Academy Mallow   | 56.2    |
| 800m                   |                            |         |
| 1 Oisin Lynch          | St Brendans Killarney      | 1.59.44 |
| 2 Eoghan O Connor      | St Francis Rochestown      | 2.00.15 |
| 3 Sam Kiely            | Kinsale CS                 | 2.01.72 |
| 1500m                  |                            |         |
| 1 Sean Lawton          | Colaiste Pobail Bheanntrai | 4.01.2  |
| 2 Daniel Buckley       | CBC Cork                   | 4.04.2  |
| 3 Eoghan O Connor      | St Francis Rochestown      | 4.07.4  |
| 3000m                  |                            |         |
| 1 Sean Lawton          | Colaiste Pobail Bheanntrai | 8.56.16 |
| 2 William Verling      | St Colmans Fermoy          | 9.09.14 |
| 3 Robert Troy          | CBS Charleville            | 9.15.29 |
| 110m Hurdles           |                            |         |
| 1 Sean Carmody         | CBC Cork                   | 15.11   |
| 400m Hurdles           |                            |         |
| 1 Jack Glesson         | Douglas CS                 | 66.80   |
| 2000m Steeplechase     |                            |         |
| 1 Robert Troy          | CBS Charleville            | 6.27.4  |
| 2 Tommy Arthur         | Pobal Scoil Inbhear Sceine | 6.36.5  |
| 3 Timmy Hawkins        | Bruce College Cork         | 6.40.2  |
| 1200m Race Walk        |                            |         |
| 1 Antonio Romaj        | Carrigaline CS             | 10.08.7 |
| High Jump              |                            |         |
| 1 Bartlomiej Zglinski  | Intermediate Sc Killorglin | 1.75    |
| 2 Rian O'Luasa         | Bishopstown CS             | 1.65    |
| Long Jump              |                            |         |
| 1 Conor Callinan       | Colaiste an Chroi- Naofa   | 6.38    |
| 2 Darragh Kelleher     | Hamilton High School       | 5.10    |
| 3 David Flynn          | Douglas CS                 | 5.07    |
| Triple Jump            |                            |         |
| 1 David Flynn          | Douglas CS                 | 11.00   |
| 2 Sean Twomey          | Carrigaline CS             | 9.05    |
| 3 Antonio Romaj        | Carrigaline CS             | 7.69    |
| Pole Vault             |                            |         |
| 1 Josh Fitzgerald      | Colaiste Muire Crosshaven  | 4.20    |
| Shot Put               |                            |         |
| 1 Nedas Baltrimavicius | Nagle CC Mahon             | 12.58   |
| 2 Henok Atikossie      | Nagle CC Mahon             | 9.87    |
| 3 Deron Thomas Njanque | St Peters CS Passage West  | 6.81    |
| Discus                 |                            |         |
| 1 Alex Ademola         | Colaiste Christ Ri         | 37.09   |
| 2 Dylan Fleming        | Boherbue CS                | 27.67   |

|                   |                           |       |
|-------------------|---------------------------|-------|
| 3 Finn Fitzgerald | Colaiste Muire Crosshaven | 18.76 |
|-------------------|---------------------------|-------|

Javelin

|                 |                          |       |
|-----------------|--------------------------|-------|
| 1 Timmy Colbert | Colaiste an Chroi- Naofa | 42.58 |
|-----------------|--------------------------|-------|

|               |                      |       |
|---------------|----------------------|-------|
| 2 Jack Cullen | Hamilton High School | 41.59 |
|---------------|----------------------|-------|

|                |                    |       |
|----------------|--------------------|-------|
| 3 Alex Ademola | Colaiste Christ Ri | 34.25 |
|----------------|--------------------|-------|

4 X 400m Relay

|   |             |        |
|---|-------------|--------|
| 1 | St Brendans | 3.44.1 |
|---|-------------|--------|

|   |     |        |
|---|-----|--------|
| 2 | CBC | 3.58.3 |
|---|-----|--------|

|   |                |        |
|---|----------------|--------|
| 3 | Carrigaline CS | 4.10.4 |
|---|----------------|--------|