

2024 South Munster Schools Cross Country Championships Information

Date:	Friday February 9 th 2024
Venue:	Tramore Valley Park, Kinsale Road, Cork City
Programme:	12:00pm Minor Girls (U14 on 01/07/2024) 1500m
	12:10pm Minor Boys (U14 on 01/07/2024) 2000m
	12:20pm Junior Girls (U15 on 01/07/2024) 2000m
	12:30pm Junior Boys (U15 on 01/07/2024) 3000m
	12:45pm Intermediate Girls (U17 on 01/07/2024) 3000m
	1:00pm Intermediate Boys (U17 on 01/07/2024) 4000m
	1:20pm Senior Girls (U19 on 01/01/2024) 3000m
	1:35pm Senior Boys (U19 on 01/01/2024) 5000m

Boys' races: Teams of 8 with 4 to score. Girls' races: **Teams of 8** with 3 to score.

Athletes must compete in their own age group. However, a team may be completed by the inclusion of one athlete from the age group immediately below.

Competitors' numbers will be available at registration room from 11:00am.

Perpetual team cups/trophies should be returned to registration on the day.

Entry forms will be sent to school contacts during the week beginning 8th January. Entries will only be accepted from the designated school representative.

Closing date for entries is **Tuesday February 6th**.

N.B. All schools must be affiliated to Irish Schools Athletic Association.

List of fully affiliated schools as of the 8th January 2024 is attached

Qualifiers for Munster Championships (Feb 27th at Tramore Valley Park) - : First 4 teams in each grade and any athlete who finishes in the first 15 in each race.

Irish Schools Cross Country Championships take place on the 9th March in Dublin