123.ie Munster Schools Track & Field Championships 2024

Templemore - Saturday May 18th 2024

Order of Field Events

	Hammer		Shot		Javelin		Discus
	starting @10am		**starting @11am**		**starting @12noon**		**starting @1.30pm**
10:00	Senior Boys	11.00	Minor Boys	12.00	Senior Boys	13.30	Senior Girls
	Inter Boys		Junior Girls		Inter Boys		Inter Girls
	Junior Boys		Junior Boys		Junior Boys		Junior Girls
	Senior Girls		Senior Boys		Junior Girls		Junior Boys
	Inter Girls		Inter Boys		Inter Girls		Inter Boys
	Junior Girls		Minor Girls		Senior Girls		Senior Boys
			Senior Girls				
			Inter Girls				
	High Jump		**Long Jump**		**Triple Jump**		**Pole Vault**
	starting @10am		**starting@11am**		**starting @12.10pm**		**starting @10am**
10:00	Minor Girls	11.00	Junior Girls	12.10	Junior Boys (Pit 3)	10:00	All Girls
	Minor Boys		Junior Boys		Junior Girls (Pit 3)	13:00	All Boys
	Inter Girls		Senior Boys		Senior Boys		
	Junior Girls		Inter Boys		Inter Boys		
	Senior Boys		Inter Girls		Inter Girls/Senior Girls		
	Inter Boys		Senior Girls				
	Junior Boys	13:30	Minor Boys (Pit 3)				
	Senior Girls		Minor Girls (Pit 3)				

On both Track and Field Events times of events may be brought forward by 15 minutes if the programme is running ahead of schedule

Notes

Minor: Under 14 on 1st July 2024 Junior: Under 15 on 1st July 2024

Intermediate: Under 17 on 1st July 2024 Senior: Under 19 on 1st January 2024

A school may not have more than 2 athletes in any event

An athlete may compete in not more than 2 individual events plus one relay

No more than one athlete from the age group immediately below can be added to a relay team

Athletes must compete in their own age group in individual events (Junior, Intermediate, Senior)

Minor athletes may compete at Junior level where an event is not held at Minor level

Minor and Junior athletes can take part in an 800m or 1500m but not both

The first 3 in non-laned event qualify for the All Ireland - 4 qualify in the Under 16 mile race

In laned events (100m, 200m, 300m, 400m, hurdles and relays) the first 2 qualify for the All Ireland

The 123.ie All Ireland Championships take place in Tullamore on May 31st and June 1st

TRACK EVENTS

11.00	Race Walking	All Ages
12.00	Inter Girls	1500m S/chase
12.00	Senior Girls	1500m S/chase
12.10	Inter Girls	3000m
12.20	Senior Girls	3000m
12.35	Inter Girls	300m Hurdles
12.40	Senior Girls	400m Hurdles
12.45	Inter Boys	400m Hurdles
12.50	Senior Boys	400m Hurdles
12.55	Inter Boys	1500m S/chase
13.00	Senior Boys	2000m S/chase
13.05	Junior Girls	200m
13.10	Junior Boys	200m
13.15	Inter Girls	200m
13.20	Inter Boys	200m
13.25	Senior Girls	200m
13.30	Senior Boys	200m
13.35	Minor Girls	800m
13.40	Minor Boys	800m
13.45	Junior Girls	800m
13.50	Junior Boys	800m
13.54	Inter Girls	800m
13.58	Inter Boys	800m
14.02	Senior Girls	800m
14.05	Senior Boys	800m
14.10	Minor Girls	100m
14.14	Minor Boys	100m
14.18	Junior Girls	100m
14.22	Junior Boys	100m
14.26	Inter Girls	100m
14.30	Inter Boys	100m
14.34	Senior Girls	100m
14.38	Senior Boys	100m
14.45	Inter Boys	3000m
14.55	Minor Girls	75m Hurdles
15.00	Minor Boys	75m Hurdles
15.05	Junior Girls	75m Hurdles
15.10	Inter Girls	80m Hurdles
15.15	Junior Boys	80m Hurdles
15.20	Senior Girls	100m Hurdles
15.25	Inter Boys	100m Hurdles
15.30	Senior Boys	110m Hurdles
15.35	Inter Girls	300m
15.39	Inter Boys	400m
15.43	Senior Girls	400m
15.47	Senior Boys	400m
15.50	Under 16 Girls	1 Mile
15.55	Under 16 Boys	1 Mile
16.00	Junior Girls	1500m
16.05	Junior Boys	1500m
16.10	Inter Girls	1500m
16.15	Inter Boys	1500m
16.20	Senior Girls	1500m
16.25	Senior Boys	1500m
16.30	Senior Boys	5000m
16.50	Minor Girls	4X100m Relay
16.55	Minor Boys	4X100m Relay
17.00	Junior Girls	4X100m Relay
17.05	Junior Boys	4X100m Relay
17.10	Inter Girls	4X100m Relay
17.15	Inter Boys	4X100m Relay
17.20	Senior Girls	4X100m Relay
17.25	Senior Boys	4X100m Relay
17.30	Senior Girls	4X300m Relay
17.35	Senior Boys	4X400m Relay