

# 2024 South Munster T&F Results

## Castleisland 8th May

### Senior Boys

100m	1	Kyle Kamden	Midleton College	11.12	0.9
	2	David Ebo	Midleton CBS	11.15	
	3	Finn Barrett	Colaiste Na Sceilge	11.48	
200m	1	Cian O'Brien	Presentation Milltown	23.20	
	2	Patrick Corkery	Coachford College	24.67	
	3	Austin Tayoro	Carrigaline CS	24.82	
400m	1	Ruaidhri O Baoill	Colaiste na Phairsaigh	51.61	
	2	Sam Kiely	Kinsale CS	52.40	
	3	Odhran O'Sullivan	CBC Cork	53.20	
800m	1	Senan O'Reilly	St Colmans Fermoy	2:01.67	
	2	Oisin Lynch	St Brendans Killarney	2:01.95	
	3	Sam Keily	Kinsale CS	2:02.08	
1500m	1	Eoghan O'Connor	St Francis Rochestown	04:17.89	
	2	Jack Laczak	St Colmans Fermoy	04:24.89	
	3	Aidan Maher	St Colmans Fermoy	04:25.34	
3000m	1	Ryan McCarthy	Kinsale CS	8.54.95	
	2	Sean Lawton	Bantry	8.55.7	
	3	Robert Troy	CBS Charleville	9.02.3	
2000m St/Ch	1	Sean Lawton	Bantry	4:37.58	
	2	Robert Troy	CBS Charleville	4:38.00	
	3	Aidan Maher	Colmans College Fermoy	5:00.59	
400m Hurdles	1	Ruaidhri O Baoill	Colaiste an Phairsaigh		
	2	Daire Lynch	Patrician Academy Mallow		
	3	Elliot O'Donovan	Carrigaline CS		
High Jump	1	Diarmuid Bannon	Douglas CS	1.75	
Long Jump	1	Ted O'Gorman	St Brendans Killarney	5.44	
	2	Colin Looney	St Brendans Killarney	5.14	
	3	Jawad Dosanmu	Nagle CC Mahon	4.32	
Triple Jump	1	Matthew Wilkins	PBC Cork	11.74	
	2	David Flynn	Douglas CS	11.00	
	3	Antoni Cwiek	Carrigaline CS	10.15	
Pole Vault	1	Joshua Fitzgerald	Colaiste Muire Crosshaven	4.31	
	2	Alex Neff	Gaelcholaiste Carraig Ui Leighin	4.05	
	3	Eoin O'Callaghan	Hamilton HS	3.45	
Shot Put	1	Ernest Osonabun	Nagle CC Mahon	9.71	
	2	Maxim Bulochin	Nagle CC Mahon	8.72	
	3	Killian O'Sullivan	Ballincollig CS	4.13	
Discus	1	Thomas Sanchez	Carrigaline CS	17.80	
	2	Aaron Sanchez	Carrigaline CS	15.90	

	3	Killian O'Sullivan	Ballincollig CS	7.80
Javelin	1	Jude Buckley	Midleton College	24.40
	2	Finn Barrett	Colasite na Sceilge	19.61
Walk	1	Cormac Byrne	Douglas CS	
	2	Sean O'Donovan	St Brendans Killarney	
	3	Luke Pacham	Carrigaline CS	
Relay	1		Carrigaline CS	50.53
4X100	2		Nagle CC Mahon	54.25
Relay	1		St Brendans Killarney	03:48.62
4X400	2		Patrician Academy Mallow	03:50.17
	3		Carrigaline CS 'A'	04:32.01

## Intermediate Boys

100m	1	Gabriel Ebo	Midleton CBS	11.35	0.7
	2	Berkley Arrey	Davis College	11.76	
	3	Thomas Rohan	Presentation Milltown	11.96	
200m	1	Josh O'Mahony	Col Christ Ri	24.64	
	2	Thomas Rohan	Presentation Milltown	25.09	
	3	Jamie Horgan	Bandon Grammar	25.42	
400m	1	Ronan O Cianain	Colaiste Daibhead	54.00	
	2	Sam Hegarty	Douglas CS	55.29	
	3	Berkley Arrey	Davis College	55.80	
800m	1	Isaac Vickers	St Brendans Killarney	2:04.49	
	2	Ronan O Cianain	Colaiste Daibhead	2:04.56	
	3	Daniel Golden	Coachford College	2:05.50	
1500m	1	Luke Merrigan	Glanmire CC	4:17.61	
	2	Liam O'Driscoll	Kinsale CC	4:17.63	
	3	Shane Byrne	St Francis Rochestown	4:29.43	
3000m	1	Finian Lawton	Scoil Mhuire Ballingearry	9.08.23	
	2	Leo Murray	Douglas CS	9.09.13	
	3	Cian Manning	Colaiste an Spriod Naomh	9.10.8	
1500m St/Ch	1	Finian Lawton	Scoil Mhuire Ballingearry	5:46.91	
	2	Gabriel Ortega	St Brendans Killarney	5:53.07	
	3	Dean Williams	CBC Cork	5:55.37	
100m Hurdles	1	Wojciech Fraczek	Midleton CBS	13.77	3.1 CBP
400m Hurdles	1	Alex Jaworski	Midleton CBS	63.20	
	2	Scott Clinton	Nagle CC Mahon	65.3	
	3	Ruairi Daly	Pobalscoil Inbhear Sceine	69.4	
High Jump	1	Ryan Onoh	Ashton	1.90	
	2	Jamie HOrgan	Bandon Grammar	1.65	
	3	Jack Van Kiekerk	Bandon Grammar	1.60	
Long Jump	1	Ryan Onoh	Ashton	6.75	
	2	Dominik Wasila	St Brendans Killarney	6.16	
	3	Chucks Onyeka	Bishopstown	6.04	

Triple Jump	1	Max Clover	Bandon Grammar	12.11
	2	James Symington	Bandon Grammar	11.49
	3	Liam O'Brien	MSM Rosscarbery	10.45
Pole Vault	1	Naughton, Oscar	PBC Cork	3.90
	2	Rochford, James	Rice College Ennis	3.00
Shot Put	1	Adam O'Donovan	Skibbereen CS	13.87
	2	Liam Rohan	Presentation Milltown	12.62
	3	Chucks Onyeka	Bishopstown	12.01
Discus	1	Oscar Naughton	PBC Cork	36.88
	2	Liam Rohan	Presentation Milltown	33.58
	3	Max Clover	Bandon Grammar	30.74
Javelin	1	Adam O'Donovan	Skibbereen CS	37.05
	2	Kostya Yeromin	Colaiste na Sceilge	17.43
	3	Daithi O'Riordan	Colaiste Daibhead	13.47
Hammer	1	David Towey	Colaiste an Chraoibhin	41.34
	2	Joshua Judd	St Colmans CC Midleton	33.90
Relay	1		Midleton CBS	47.52
	2		Bandon Grammar	48.58
	3		St Brendans Killarney	49.73
Walk	1	Shane Byrne	St Francis Rochestown	5.20.82
	2	Shane Doyle	Carrigaline CS	
	3	Aaron Sanchez	Carrigaline CS	
1 mile	1	Isaac Vickers	St Brendans Killarney	4.58.06
Under 16	2	Ben O'Reilly Murphy	Douglas CS	4.58.08
	3	Thomas Keily	Colaiste Treasa	4.58.99

## Junior Boys

100m	1	Colm O'Riordan	Coachford College	12.17	2.1	CBP
	2	Alex Bramouille	Bandon Grammar	12.30		
	3	Lennon O'Brien	Gaelscoil AG	12.50		
200m	1	Colm O'Riordan	Coachford College	25.2		
	2	Alex Bramouille	Bandon Grammar	25.5		
	3	Callum Harrington	PBC Cork	25.8		
800m	1	Tadhg O Mara	Colaiste an Phairsaigh	2:27.85		
	2	Luke Kennedy	Presentation Milltown	2:30.93		
	3	Shay O'Brien	Ballincollig CS	2:31.54		
1500m	1	Matthew Mahony	Midleton CBS	04:20.06		CBP
	2	Conor Duffin	St Brendans Killarney	04:36.78		
	3	Senan Lynch	Coachford College	04:37.68		
80m Hurdles	1	Babatunda Smith	Killarney CC	12.68	1.6	
	2	Charlie Chawke	Pobal Inbhear Sceine	13.88		
	3	Eli Clarke	Coachford College	17.38		
High Jump	1	Babatunda Smith	Killarney CC	1.78		

Long Jump	1	JP Guerin	Midleton College	5.12
	2	Wolfie Tyndale	Bandon Grammar	4.54
	3	Jack Morris	Intermediate School Kilorglin	4.51
Triple Jump	1	Eoghan O'Keefe	Carrigaline CS	8.00
	2	Caelan Fleming	Carrigaline CS	
Pole Vault	1	Fionn Naughton	PBC Cork	3.00
Shot Put	1	Dylan O'Donovan	Skibbereen CS	9.54
	2	Colm Sexton	Hamilton HS	7.95
	3	Patrick Repel	Le Cheile Ballincollig	7.79
Discus	1	Fionn Naughton	PBC Cork	39.14
	2	Fintan O'Grady	CBS Mitchelstown	29.60
	3	James Tuite	PBC Cork	23.12
Javelin	1	Cody Scanlon	St Colmans Fermoy	32.51
	2	Evan O'Sullivan	Skibbereen CS	34.09
	3	Sam Kingston	Skibbereen CS	32.51
Hammer	1	Fintan O'Grady	CBS Mitchelstown	41.88
	2	Darragh Lynch	St Colmans Fermoy	18.70
Relay	1		Bandon Grammar	51.01
	2		St Brendans Killarney	51.32
	3		Intermediate School Kilorglin	54.72
Walk	1	Aaron O'Connor	St Brendans Killarney	
	2	Owen O'Keefe	Carrigaline CS	
	3	Joe O'Sullivan	Bandon Grammar	

## Minor Boys

100m	1	Ryan Vickers	St Brendans Killarney	12.15	2.0
	2	Sean Fenton	CBC Cork	12.32	
	3	Mamadi Konde	Carrigaline CS	13.20	
800m	1	Ryan Vickers	St Brendans Killarney	2:11.21	
	2	Conor O'Brien	Douglas CS	2:14.30	
	3	Declan Moloney	Patrician Academy Mallow	2:16.59	
75m Hurdles	1	Rahman Amusa	Bishopstown	11.59	
	2	Alan Hickey	CBC Cork	13.79	
	3	Aidan Hickey	St Brendans Killarney	13.99	
Long Jump	1	Rahman Amusa Adekunle	Bishopstown CS	5.55	
	2	Cathal Lowney	Midleton CBS	4.49	
	3	Oisin Saunders	Davis College	4.27	
Shot Put	1	Dylan French	Bandon Grammar	11.30	
	2	Kieran Moloney	St Brendans Killarney	11.04	
	3	Ben Mulhearne	Coachford College	8.77	
Relay	1		St Brendans Killarney	52.93	
	2		Midleton CBS	55.80	
	3		Davis College	55.85	

High Jump	1	Oisin Saunders	Davis College	1.20
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## Senior Girls

100m	1	Fatima Amusa	Bishopstown CS	12.21	0.7
	2	Selena Thawiset	St Brigids Killarney	14.23	
	3	Agita Kobos	St Aloysius	15.29	
200m	1	Fatima Amusa	Bishopstown CS	25.38	
	2	Vicki Good	Bandon Grammar	27.45	
400m	1	Zoe Conway	Colaiste Choilm Ballincollig	60.95	
	2	Ciara Delaney	Skibbereen CS	61.47	
	3	Holly Arthur	Pobalscoil Inbhear Sceine	62.95	
800m	1	Nicole Dinan	St Angelas Cork	02:26.35	
	2	Zoe Conway	Colaiste Choilm Ballincollig	02:26.38	
	3	Ciara Delaney	Skibbereen CS	02:30.08	
1500m	1	Nicole Dinan	St Angelas Cork	04:43.08	
	2	Claire Crowley	Kinsale CS	04:52.69	
	3	Saoirse Twomey	St Marys Macroom	05:03.62	
3000m	1	Saoirse Twomey	St Marys Macroom	10:55.42	
	2	Lucy O'Flynn	Sacred Heart Clonakilty	11:01.56	
	3	Lily Manning	Mount Mercy Cork	11:03.42	
1500m St/Ch	1	Ella Collins	Colaiste na Toirbhte	05:10.49	
	2	Caoimhe Flannery	Skibbereen CS	05:15.27	
	3	Julia Harrington	Pobalscoil Inbhear Sceine	05:59.38	
100m Hurdles	1	Okwu Backari	Ashton	14.48	
400m Hurdles	1	Holly Arthur	Pobalscoil Inbhear Sceine	70.5	
	2	Laura Hobbs	Carrigaline CS	91.4	
	3	Jemma McCarthy	Carrigaline CS	105.4	
High Jump	1	Maeve Fleming	Scoil Mhuire Cork	1.67	
Long Jump	1	Okwu Backari	Ashton	5.32	
	2	Aoife Callan	St Brogans Bandon	4.84	
	3	May Heffernan	St Aloysius Carrigtwohill	4.32	
Triple Jump	1	Orla O'Sullivan	Regina Mundi Cork	9.09	
Pole Vault	1	Devereaux, Poppi	Pobalscoil na Trionoide	2.40	
	2	Ni Chroinin, Grainne	Gaelcholaiste Carraig Ui Leighin	2.25	
Shot Put	1	Saorlaith Murphy	St Marys Macroom	9.60	
	2	Sarah O'Connell	St Aloysius Carrigtwohill	7.04	
Discus	1	Katie Kingston	Skibbereen CS	26.25	
	2	Orna Ni Shuilleabhain	Colaiste an Phiarsaigh	23.00	
	3	Jenna McCarthy	Carrigaline CS	12.48	
Javelin	1	Aoife Callan	Bandon St Brogans	36.23	
	2	Katie Kingston	Skibbereen CS	34.38	
Hammer	1	Orna Ni Shuilleabhain	Colaiste an Phiarsaigh	40.69	
	2	Eadaoin Towey	Colaiste an Chraoibhin	33.44	
Relay	1		Carrigaline CS	58.28	
4X100	2		Carrigaline CS 'B'	66.23	
Relay	1		St Aloysius Carrigtwohill	03:12.9	

## Intermediate Girls

100m	1	Elena O'Sullivan	Regina Mundi Cork	12.21	3.1
	2	Caoimhe Daly	Colaiste Choilm Ballincollig	12.42	
	3	Faye Scriven	St Aloysius Carrigtwohill	13.02	
200m	1	Elena O'Sullivan	Regina Mundi Cork	25.37	
	2	Sophie Mulcahy	St Angelas Cork	25.75	
	3	Tiffany Nwaedozie	Christ King Cork	26.37	
300m	1	Lucy Lynch	St Aloysius Carrigtwohill	41.78	
	2	Sophie Mulcahy	St Angelas Cork	41.80	
	3	Isabelle Ni Shuilleabhain	Colaiste Daibheid	52.48	
800m	1	Lauren Dinan	St Angelas Cork	02:27.96	
	2	Caoimhe Gray-Walsh	Loretto Fermoy	02:30.63	
	3	Rebecca O'Neill	St Marys Macroom	02:31.12	
1500m	1	Lauren Dinan	St Angelas Cork	05:08.49	
	2	Katie Hennessy	St Aloysius Carrigtwohill	05:12.37	
	3	Rachel O'Flynn	Loreto Fermoy	05:16.23	
3000m	1	Olive O'Flynn	Sacred Heart Clonakilty	10:57.21	
	2	Jenny Ni Chionniola	GC Charraig Ui Leighin	11:19.12	
	3	Kirsten Kenny	St Brigids Killarney	11:21.53	
1500m St/Ch	1	Katie Hennessy	St Aloysius Carrigtwohill	05:27.67	
	2	Ava Chandler	St Aloysius Carrigtwohill	05:38.29	
	3	Eabha Ni Cholaola	St Marys Macroom	05:46.59	
80m Hurdles	1	Ellie McRae	Scoil Mhuire Cork	12.48	
	2	Ellie Vaughan Reddan	SMGS Blarney	13.06	
	3	Aishling Peterclayeribi	Davis College	16.53	
300m Hurdles	1	Ellie McRae	Scoil Mhuire Cork	45.7	
	2	Ellie Vaughan Reddan	SMGS Blarney	48.8	
	3	Lyra O'Sullivan	SMGS Blarney	53.6	
High Jump	1	Tiggy Hanifan	Ballincollig CS	1.61	
	2	Ruby Cummins	Colaiste na Toirbhirte	1.58	
	3	Orlaith Byrne	Christ King Cork	1.55	
Long Jump	1	Tiffany Nwaedozie	Christ King Cork	5.77	CBP
	2	Caoimhe Daly	Colaiste Choilm Ballincollig	5.45	
	3	Ruby Cummins	Colaiste no Toirbhirte	5.19	
Triple Jump	1	Antonya Lejwoda	St Brigids Killarney	9.46	
	2	Ellie O'Shea	St Brigids Killarney	9.13	
Pole Vault	1	Meabh Corkery	St Marys Midleton	3.30	
	2	Olive Burger	Mount Mercy Cork	3.00	
	3	Anna O'Shea	Killarney CC	2.40	
Shot Put	1	Meabh O'Connell	St Angelas Cork	13.24	
	2	Tara Osborn	Colaiste Muire Crosshaven	11.92	
	3	Lyra O'Sullivan	SMGS Blarney	8.29	
Discus	1	Meabh O'Connell	St Angelas Cork	32.00	
	2	Diana Coakley	Skibbereen CS	25.53	

	3	Kate Collins	Bandon Grammar	21.17
Javelin	1	Elaine O'Sullivan	Skibbereen CS	31.42
	2	Maggie Quirke	Presentation Milltown	22.69
	3	Tara Osborn	Colaiste Muire Crosshaven	21.75
Hammer	1	Diana Coakley	Skibbereen CS	37.64
	2	Aoibhin Ni Shuilleabhain	Colaiste an Phiarsaigh	37.26
	3	Meghan Sheehan	Boherbue CS	33.43
Relay	1		St Aloysius Carrigtwohill	54.64
	2		SMGS Blarney	55.75
	3		Bandon Grammar	56.76
Walk	1	Aoife Maher	Colaiste an Chroi Naofa	5.35.60
	2	Juliet Biggs	St Brogans Bandon	
	3	Annabel O'Brien	Mount Mercy Cork	
1 mile	1	Rachel O'Flynn	Loreto Fermoy	05:29.20 CBP
Under 16	2	Sadhbh Ni Chroinin	Colaiste an Phairsaigh	05:37.50
	3	Chloe Anne O'Callaghan	Schull CC	05:43.70

## Junior Girls

100m	1	Alison Scully	Mount Mercy Cork	12.35	0.0
	2	Clara Whelan	Scoil Mhuire Buttevant	12.70	
	3	Rachel Roache	Midleton College	13.02	
200m	1	Alison Scully	Mount Mercy Cork	25.60	
	2	Anna Vaughan Reddan	SMGS Blarney	26.30	
	3	Ava Shorten	Colaiste Treasa	26.90	
800m	1	Freya Bateman	Mount Mercy Cork	02:16.60	
	2	Kate O'Donovan	Mount Mercy Cork	02:25.27	
	3	Margaret Feoirling	Colaiste an Phiarsaigh	02:28.98	
1500m	1	Emma Flynn	Colaiste Treasa	04:50.50	
	2	Emilie McElvaney	Loreto Fermoy	05:07.36	
	3	Abigail Duggan	St Colmans CC Midleton	05:07.88	
75m Hurdles	1	Giselle Ahern	Carrigaline CS	12.25	1.4
	2	Anna Vaughan Reddan	SMGS Blarney	12.67	
	3	Shonagh Ni Shuilleabhain	Colaiste an Phairsaigh	12.85	
High Jump	1	Aine Frawley	St Marys Charleville	1.50	
	2	Noelle Mulcahy	St Angelas Cork	1.50	
	3	Margaret Feoirling	Colaiste an Phairsaigh	1.40	
Long Jump	1	Aine Frawley	St Marys Charleville	5.25	
	2	Clara Whelan	Colaiste Mhuire Buttevant	5.14	
	3	Giselle Ahern	Carrigaline CS	5.09	
Triple Jump	1	Cliona O'Brien	MSM Rosscarbery	8.38	
	2	Taasha Veerasoo	St Brigids Killarney	8.06	
	3	Kate O'Shea	St Brigids Killarney	7.94	
Pole Vault	1	Hellena Golka	Gaelcholaiste Mhuire AG	2.70	
	2	Noelle Mulcahy	St Angelas Cork	2.55	
	3	Aoife Corkery	St Marys Midleton	2.25	
Shot Put	1	Lorraine Coakley	Skibbereen CS	9.28	

	2	Kim Lynch	Colaiste Muire Crosshaven	8.63
	3	Katelyn Cronin	St Marys Macroom	7.60
	2	Clodagh Healy	Boherbue CS	15.07
Javelin	1	Lucy Dennehy	Presentation Mitchelstown	30.43
	2	Lorraine Coakley	Skibbereen CS	29.93
	3	Emilie McElvaney	Loreto Fermoy	27.22
Hammer	1	Leila Cummins	Colaiste na Toirbhirte	43.66
	3	Clodagh Healy	Boherbue CS	30.65
Relay	1		Mount Mercy Cork	51.17
	2		St Brigids Killarney	53.72
	3		St Brogans Bandon	55.64
Walk	1	Robin Maher	Loreto Fermoy	
	2	Anna Mullins	St Angelas Cork	

## Minor Girls

100m	1	Adadioranma Nnaemeka	Brogans	13.51	2.2
	2	Olwia Osakwe	Davis College	14.21	
	3	Beibhinn O'Donoghue	St Brigids Killarney	14.52	
800m	1	Chloe McCarthy	St Aloysius Carrigtwohill	02:31.86	
	2	Anna Creagh	St Angelas Cork	02:32.82	
	3	Lucy O'Sullivan	Millstreet CS	02:34.81	
75m Hurdles	1	Nell O'Connell	St Angelas Cork	13.02	1.4
	2	Lily Clover	Bandon Grammar	13.34	
	3	Katie O'Sullivan	St Brigids Killarney	13.74	
Long Jump	1	Shauna Kelly	Colaiste na Sceilge	4.47	
	2	Coldagh Crotty-Galvin	Colaiste an Phiarsaigh	4.21	
	3	Aoileann Ni Bhaoill	Colaiste an Phiarsaigh	4.02	
Shot Put	1	Faye Osborn	Colaiste Muire Crosshaven	11.03	
	2	Lily Clover	Bandon Grammar	10.05	
	3	Tailte Ni Laighin	Colaiste an Phiarsaigh	5.64	
Relay	1		Bandon Grammar	57.53	
	2		St Brigids Killarney	59.04	
	3		Davis College	60.36	
High Jump	1	Nell O'Connell	St Angelas Cork	1.40	CBP
	2	Katie O'Sullivan	St Brigids Killarney	1.30	
	3	Aimee Tobin	St Marys Midleton	1.25	